

10120NAT Course in Observing and Documenting a Mental State Examination

This one day course has been designed for staff working in mental health or those where conducting a mental state examination (MSE) is within their current or anticipated scope of practice. It is suitable for the new practitioner but is also a valuable refresher for more experienced clinicians regardless of duration of experience.

The course reflects the current Queensland Health policies and guidelines in reporting and documenting the MSE in a service delivery setting.

The MSE is a core clinical tool used by mental health professionals to collect information about a persons mental state. Clinical observations are made about a persons mental health symptoms during a face-to-face interview situation and documented using a standardised approach. The learning focuses on the evidence collected during a clinical interview, to promote evidence based clinical analysis and identification of mental state symptoms, and recording observations in the appropriate manner.

Learning is interactive and activities include the use of filmed case vignettes to explore the components of the mental state examination, allowing participants to apply learning and build skills for use in clinical practice.

This is a nationally recognised course accredited by the Australian Skills Quality Authority. Upon successful completion of the course the participant will gain a Statement of Attainment.

Those wishing to attend the course must provide a valid unique student identifier (USI) code upon enrolment (a Federal Government requirement since 1 January 2015) visit www.usi.gov.au for more information.

Note: *The course includes a formal assessment that is to be completed by the participants. The assessment commences at approximately 3pm and all participants are required to remain at the training venue until the assessment is fully completed.*

Continuing professional development information:

7.5 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



Learning outcomes

This course is intended to provide participants with a range of skills and knowledge to perform the following functions associated with mental health professionals reporting the MSE.

At the end of the course participants will be able to:

- make clinical observations of a persons behaviour, cognitions and appearance
- interpret clinical observations and use terminology to describe observed mental state signs and symptoms
- record evidence of a persons mental state signs and symptoms observed by the mental health professional and given by the person
- record the persons own words to clarify the nature of observed mental state signs and symptoms
- record clinical observations using succinct and unambiguous language.

Aligned to *National standards for mental health services 2010, Standards for Registered Training Organisations (RTOs) 2015*



Testimonials:

“The training was really good! It clarified many of the concepts and terminology, and the trainer provided lots of helpful tips on how to conduct the MSE, with techniques to probe for more information. I feel more confident in completing an MSE now!”

Occupational Therapist

“A must do for any clinician working in mental health!”

Social Worker

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837