

🕒 1 day

Nationally accredited course

10120NAT Course in Observing and Documenting a Mental State Examination



This one day course has been designed for staff working in mental health or those where conducting a mental state examination (MSE) is within their current or anticipated scope of practice. It is suitable for the new practitioner but is also a valuable refresher for more experienced clinicians regardless of duration of experience.

The course reflects the current Queensland Health policies and guidelines in reporting and documenting the MSE in a service delivery setting.

The MSE is a core clinical tool used by mental health professionals to collect information about a person's mental state. Clinical observations are made about a person's mental health symptoms during a face-to-face interview situation and documented using a standardised approach. The learning focuses on the evidence collected during a clinical interview, to promote evidence based clinical analysis and identification of mental state symptoms, and recording observations in the appropriate manner.

Learning is interactive and activities include the use of filmed case vignettes to explore the components of the mental state examination, allowing participants to apply learning and build skills for use in clinical practice.

This is a nationally recognised course accredited by the Australian Skills Quality Authority. Upon successful completion of the course the participant will gain a Statement of Attainment.

Those wishing to attend the 10120NAT Course in Observing and Documenting a Mental State Examination training must provide a valid unique student identifier (USI) number upon enrolment (a Federal Government requirement since 1 January 2015). Visit www.usi.gov.au for more information.

***Note:** Enrolment for this course cannot be confirmed until a USI is provided. Accredited training results cannot be issued to anyone who has not provided a USI.*

***Note:** The training includes a formal assessment that is to be completed by the participants. The assessment commences at approximately 2.30pm and all participants are required to remain at the training venue until the assessment is fully completed.*

Anticipated learning outcomes:

This course is intended to provide participants with a range of skills and knowledge to perform the following functions associated with mental health professionals reporting the MSE:

- make clinical observations of a person's behaviour, cognitions and appearance
- interpret clinical observations and use terminology to describe observed mental state signs and symptoms
- use specific criteria when reporting a person's mental state signs and symptoms
- record evidence of a person's mental state signs and symptoms observed by the mental health professional and given by the person
- record the person's own words to clarify the nature of observed mental state signs and symptoms
- record clinical observations using succinct and unambiguous language.

When to attend training

- **New clinicians:** Prior to conducting a mental state examination.
- **Experienced clinicians:** Please refer to your local mandatory/requisite training requirements. It is however recommended to complete as a refresher approximately every two years to ensure adhering to current national guidelines for conducting a Mental State Examination.

Category: Subsidised

Aligned to

National Standards for Mental Health Services 2010

Standards for Registered Training Organisations (RTOs) 2015.

NSQHS Standards: 2, 5, 6 & 8

Continuing Professional Development



7.5 Hours
Active learning