

Nationally accredited course

10881NAT Course in Observing and Documenting the Mental State Examination

This course has been developed for practitioners working in mental health, alcohol and other drugs services or those currently studying toward a qualification in these areas and where observing and documenting the mental state examination is within their current or anticipated scope of practice.

This course consists of seven hours of face-to-face learning and a 2-2.5 hour (approximate) online assessment. To support the training, there are recommended self-study options provided (totalling 7 hours including the assessment time); these are selected to support preparation for the assessment, or alternatively to support the application of the newly acquired knowledge and skills in the workplace.

This is a Vocational Education and Training (VET) course and as such has been accredited by the Australian Skills Quality Authority (ASQA).

To meet the standards for VET accredited courses, the Learning Centre must collect authentic, current, valid and sufficient evidence from learners to confirm that competency has been achieved. All course content is relevant and will be assessed.

To ensure learners are able to demonstrate competency, the course focusses on identifying the key features to be observed for each of the nine core components of the mental state examination. The course offers practical ways to observe and assess each of the features and to record clinical information according to the industry standard for appropriate clinical documentation, such as using descriptors and reporting evidence of observations and assessments in documentation.

Filmed scenarios explore a broad range of mental health presentations and behavioural phenomena, allowing learners to practice skills and apply new knowledge in observing and documenting the mental state examination.



Required learning outcomes:

To meet the requirements of 10881NAT Course in Observing and Documenting the Mental State Examination, learners must fulfil the requirements as stated in the unit of competency NAT10881001 Observe and Document the Mental State Examination.

Learners will be trained to:

- use descriptors to document the features for each of the nine core components
- make assessments about the person's behaviour, content of thought, affect and appearance, based on clinical evidence
- apply the industry standard for clinical documentation when recording observations and assessments
- identify and record how contextual and cultural factors are influencing the person's mental state at the time of examination.

When to attend training

New clinicians: Prior to conducting a mental state examination.

Experienced clinicians: Please refer to your local mandatory/requisite training requirements. It is however recommended to complete as a refresher approximately every two years to ensure adhering to current national guidelines for conducting a Mental State Examination.

Cost: \$250
Queensland Health/QAS - Nil (internally funded)

Mode: Face-to-face

Duration: 1 day = 7 hours active learning for CPD

An additional 7 hours activity after the workshop is also described (including assessment) making the total CPD accessible for this course = 14 hours.

Pre-requisites: Provision of Unique Student Identifier (USI), visit www.usi.gov.au

Aligned to:

- *National Standards for Mental Health Services 2010*
- *Standards for Registered Training Organisations (RTOs) 2015.*

Assessable course: Post training, online assessment completion (2-2.5 hours approx) is required to achieve full qualification; Statement of Attainment (SoA). 14 hours CPD applies only when SoA is issued.

More options: Available via online classroom; view 10881NAT online classroom on our website.

Supported by QC48 Mental State Examination eLearning.