

QC12 Supervising Supervisors

This two day training course has been specifically designed for staff who are currently supervising clinical supervisors.

Building upon the learning from QC4 Supervisor training, the course provides a safe environment for participants to develop advanced skills in providing supervision to those who are clinical supervisors.

Outlining the components and stages of supervisory processes will guide the supervising supervisor to establish, negotiate, maintain and end a supervisory relationship, thus decreasing ambiguity and providing clarity for roles and outcomes.

The training also covers challenges that may be experienced in supervisory situations thereby furnishing the participant with practical skills to address situations faced in practice, as well as effective skills for observation, evaluation and reflection.

Supporting and strengthening consumer centred mental health services is the underpinning focus of clinical supervision practices.

Note: *to be eligible for enrolment in this course you must first have completed pre-requisite training QC8 Best Practice Models of Supervision (or former title QC8 Introduction to Supervision) and QC4 Supervisor.*



Goals of Supervision
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supervision session
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Continuing professional development information:

14 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



Learning outcomes

At the end of the course participants will be able to:

- identify the specific competencies that make supervision of supervision a distinct role
- use strategies for identifying and addressing parallel processes
- apply the Seven-eyed Process Model and Models of Reflection for the identification of transference and counter transference
- demonstrate skills in using reflective practice as a supervising supervisor
- demonstrate skills in the use of Internal Process Recall Model to enhance accurate, respectful and challenging feedback
- use video technology to record supervision sessions as a means of deepening the reflective process
- explore ethical complexities in supervision and developing strategies for addressing them.

Aligned to *Clinical Supervision Guidelines for Mental Health Services 2009*.

Supported by the online resource centre Clinical supervision resources for mental health services www.health.qld.gov.au/qcmhl/supervision_res



For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- www.qcmhl.qld.edu.au
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