

QC14 Mental Health Assessment

The two day course provides clinicians working with people experiencing mental illness with the core knowledge and skills required to undertake a comprehensive mental health assessment including individualised treatment and care planning.

Underlying principles and processes of recovery, family engagement, strengths and collaboration are explored along with the content of a mental health assessment. This includes current situation, history, mental state examination, physical health, substance use screen, risk screen, formulation and management planning. Clinicians will also learn about capacity in adults in relation to consent for mental health assessment.

This course provides clinicians with the skills and knowledge to apply informed professional judgement for broader awareness of a presentation and how to ensure a comprehensive mental health assessment is undertaken which includes historical as well as current and contextual information.

The course includes activities to provide participants practice in analysing assessments and writing formulations.

It is highly recommended that participants also attend QC23 Forming the Therapeutic Alliance and QC24 Working with Strengths in Recovery to provide a foundation to their learning or further build upon their clinical tool kit when working with consumers.

Note: The course includes a formal assessment that is to be completed by the participants on day 1 and day 2. The assessment commences at approximately 2.30pm each day.



Continuing professional development information:

14 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



Learning outcomes

Upon completion of the course participants will be able to:

- establish a therapeutic relationship for the purpose of conducting a mental health assessment
- use curious, recovery-oriented questioning to obtain relevant information
- document a comprehensive mental health assessment
- explain the principles of capacity relevant to undertaking a mental health assessment
- identify, screen and manage risk issues in the context of a mental health assessment
- compile and document a formulation and management plan based on the mental health assessment.

Aligned to *Mental Health Act 2016, Guardianship and Administration Act 2000*



Testimonials:

“This course helped me to consolidate many fragmented skills I had developed ‘on the job’. The group discussion amongst a diverse range of clinicians enhanced the learning significantly.”

Mental Health Nurse

“As a new grad I feel this training has increased my understanding significantly. The program has reminded me of the importance of the consumer perspective in every step of the process. The Learning Centre trainer has massively increased my passion for working in mental health.”

Occupational Therapist

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837