

🕒 1 day + 1.5 hour online assessment

## Assessment training

# Q14 Fundamentals of Assessment, Formulation and Planning

This one day course aims to provide clinicians with the core knowledge and skills required to undertake a comprehensive assessment with a person accessing mental health and related specialised services.

Utilising a case-based approach, the course steps participants through identifying and gathering relevant information for each component of the assessment. Based on their clinical assessment of the case study, participants will then be guided through the development and documentation of a clinical formulation and management plan.

This course focuses on the foundations of comprehensive assessment, formulation and planning for mental health, alcohol and other drugs service clinicians.

It is highly recommended that participants also complete an optional, complimentary eLearning course QC55, which focuses on clinical formulation and care planning.

*Note: The course includes a formal online assessment which is to be completed by the participants after attending the one day course. Participants have two weeks to complete the assessment in their own time.*

## Anticipated learning outcomes:

- identify questions that elicit quality clinical information
- identify information relevant to a general assessment with a focus on understanding the reason for the presentation
- write a formulation, based on clinical information gathered
- based on the formulation, compile and document a management plan

Supported by foundational eLearning course QC55 Formulation and Care Planning.

Now available via online classroom! View details of QC34 FAFP on our website.

## When to attend training

- **New clinicians:** As soon as practical when commencing clinical practice and prior to commencing any formal assessments.
- **Experienced clinicians:** Please refer to your local mandatory/requisite training requirements. It is most suitable to those in early years of practice, however is highly recommended to complete as a refresher approximately every two years to ensure currency of skills and assessment tools.

**Category:** Subsidised

**Aligned to**

*Mental Health Act 2016*

*Guardianship and Administration Act 2000*

NSQHS Standards: 1, 2, 4, 5, 6 & 8

**Continuing Professional Development**

**7 Hours\***  
Active learning

\*For participants completing the assessment, an additional 1.5 hours of active learning can be applied. Your downloadable certificates will reflect your correct allocation.