

## QC14 Fundamentals of Assessment, Formulation and Planning

**This one day course aims to provide clinicians with the core knowledge and skills required to undertake a comprehensive assessment with a person accessing mental health and related specialised services.**

Utilising a scenario-based approach, the course steps participants through identifying and gathering relevant information for each component of the assessment. Based on their clinical assessment of the study scenario, participants will then be guided through the development and documentation of a clinical formulation and management plan.

This course focuses on the foundations of comprehensive assessment, formulation and planning for mental health, alcohol and other drugs service clinicians.

It is highly recommended that participants also complete an optional, complimentary eLearning course QC55, which focuses on clinical formulation and care planning receive individualised feedback.

### Anticipated learning outcomes:

- identify questions that elicit quality clinical information
- identify information relevant to a general assessment with a focus on understanding the reason for the presentation
- write a formulation, based on clinical information gathered
- based on the formulation, compile and document a management plan.

### When to attend training:

**New clinicians:** As soon as practical when commencing clinical practice, and prior to commencing any formal assessments.

**Experienced clinicians:** Please refer to your local mandatory/requisite training requirements. It is however recommended to complete as a refresher approximately every two years to ensure ensure currency of skills and assessment tools.

**Cost:** \$250

Queensland Health/QAS - Nil (internally funded)

**Mode:** Face-to-face

**Duration:** 1 day = 7 hours active learning for CPD

**Aligned to:**

- *Mental Health Act 2016*
- *Guardianship and Administration Act 2000.*

**Assessable course:** Post training, online assessment completion is required to achieve full qualification; Certificate of Achievement. An additional 2 hours CPD will also be reflected.

**More options:** Available via online classroom. View QC34 FAFP online classroom on our website.

Supported by QC55 Formulation and Care Planning eLearning.