QC19 Risk Refresher
(Refresher for QC9 Critical Components of Risk Assessment and Management)

This half day refresher course provides mental health practitioners with an opportunity to update their risk assessment and management skills. It is ideal as an annual competency for all clinicians.

Covering the core elements of static, dynamic, protective and unknown risk factors, the course reinforces the importance of thorough risk screening, using informed professional judgement to write formulations/summaries that reflect the weighing up of identified risk and protective factors.

These elements combine in the development of treatment plans guided by the individual needs of the consumer, combined with the underpinning recovery focused, consumer centred values.

Note: This course is not a substitute for attending the full day QC9 Critical Components of Risk Assessment and Management. It is a requirement that participants have previously attended QC9 with QC19 designed specifically as a follow up refresher program where annual competency is required.

Continuing professional development information:

3:45 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.
**Learning outcomes**

At the end of the course participants will be able to:

- identify static, dynamic, protective and unknown risk factors according to the six domains of risk
- weigh up risk factors and prioritise issues for planning
- write a formulation/summary that describes the risk factors, the relationships between them, and further considerations that affect risk assessment and management planning
- generate strategies and management options to mitigate the risks
- document strategies in a short and long-term treatment plan
- review the risk assessment and management process.

Aligned to *Queensland Plan for Mental Health 2007-2017*

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**Testimonial:**

“This training has helped to solidify my knowledge and day to day practice, however has also enhanced my skills.”

Mental Health Nurse

For more information about this course, to view the training calendar, or to enrol in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837