### Risk training

#### QC19 Risk Refresher
(Refresher for QC9 Critical Components of Risk Assessment and Management)

In this four hour refresher course delivered via an online classroom, learners connect via computer/laptop or other device to join from any location.

The online classroom facilitates the application of knowledge and skills to complete a fictitious case-based risk assessment and management plan in the context of peer interactions.

Learners are guided through the identification and investigation of risk factors and encouraged to use informed professional judgement to develop risk summaries that effectively communicate the weighing up of identified risk and protective factors. The course uses comparative language and prevention-oriented approaches to formulation with an emphasis on the development of treatment plans guided by the individual needs of the consumer, with a recovery-oriented approach.

*Note: This course is not a substitute for attending the full day QC9 Critical Components of Risk Assessment. Participants are expected to have previously completed the QC9 workshop, or QC54 Foundations of Risk Assessment and Management eLearning, and have applied clinical practice knowledge.*

<table>
<thead>
<tr>
<th>Anticipated learning outcomes:</th>
<th>When to attend training</th>
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<tr>
<td>• revise how to identify static, dynamic, protective and unknown factors according to six domains of risk, and associated triggers and warning signs</td>
<td>• <strong>Experienced clinicians:</strong> Every one to two years as a refresher to ensure currency with practices, policies and procedures. Check with your local MHS HHS mandatory or requisite training requirements to ensure compliance with relevant local expectations.</td>
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<td>• weigh up the risk factors identified and determine the degree to which protective factors mitigate risk</td>
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<td>• develop a risk summary that describes the risk factors, the relationship between them, missing information, and upcoming issues that may cause and increase in risk</td>
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<td>• generate strategies and management options to mitigate the risks</td>
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<td>• document strategies in an immediate management plan and long-term care plan</td>
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<td>• review the risk assessment and management process.</td>
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Supported by eLearning course QC54 Foundations of Risk Assessment and Management.

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### When to attend training

- **Experience clinicians:** Every one to two years as a refresher to ensure currency with practices, policies and procedures. Check with your local MHS HHS mandatory or requisite training requirements to ensure compliance with relevant local expectations.

- **Category:** Subsidised

- **Aligned to**
  - Connecting care to recovery 2016-2021
  - Recovery Oriented Mental Health Services 2013
  - NSQHS Standards: 1, 2, 5, 6 & 8

- **Continuing Professional Development**
  - 3.45 Hours
  - Active learning