Anticipated learning outcomes:

• use person-centred interpersonal skills that support a strengths based practitioner/consumer working relationship
• identify a consumer’s strengths and how these strengths can be used to support a meaningful life as determined by the consumer
• use Strengths Assessment to assist the consumer to identify their strengths and then their goals
• assist the consumer to break down their goals into measurable and achievable short term goals and plan tasks and activities using the Personal Recovery Plan
• use the Strengths Model process and the model’s practice values when the recovery process is interrupted
• apply strengths based approaches to risk and crisis situations.

When to attend training

• **New clinicians:** As soon as practical when commencing clinical practice.
• **Experienced clinicians:** Every two years as a refresher to ensure currency with practices, policies and procedures.

**Therapies training**

**QC24 Working with Strengths in Recovery**

This one day course is based on the Strengths Model of recovery and aligned with Queensland Health recovery focused strategic goals and standards.

By identifying an individual’s strengths the treating team and client can together develop a holistic care plan that sets achievable recovery goals.

The training will use a blended approach, beginning with an eLearning component that introduces the strengths model, followed by a full day face-to-face workshop that includes activities, interactive discussions and simulation activities. The simulation training will provide an opportunity for participants to practice applying the model’s philosophy, methodology and tools.

Applicable to both Queensland Health and non-Government sector, the course focuses on recovery and continuing care in both clinical and community settings.

*Note:* This is a blended learning course, the eLearning component must be completed before enrolment in the face-to-face training is enabled.

*Pre-requisite:* Completion of QC23 Forming the Therapeutic Alliance is highly desirable.

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**Anticipated learning outcomes:**

1. **New clinicians**
   - As soon as practical when commencing clinical practice.
2. **Experienced clinicians**
   - Every two years as a refresher to ensure currency with practices, policies and procedures.

**Category:** Subsidised

**Aligned to**

- A national framework for recovery-oriented mental health services 2013
- National Practice Standards for Mental Health Workforce 2013
- Connecting care to recovery 2016-2021

**Continuing Professional Development**

- **7 Hours**
  - Active learning