Anticipated learning outcomes:

• use person-centred interpersonal skills that support a strengths-based practitioner/consumer working relationship
• identify a consumer's strengths and how these strengths can be used to support a meaningful life as determined by the consumer
• use Strengths Assessment to assist the consumer to identify their strengths and then their goals
• assist the consumer to break down their goals into measurable and achievable short-term goals and plan tasks and activities using the Recovery Plan.

When to attend training

• **New clinicians:** As soon as practical when commencing clinical practice.
• **Experienced clinicians:** Every two years as a refresher to ensure currency with practices, policies, and procedures.

**Category:** Subsidised

**Aligned to**

- A national framework for recovery-oriented mental health services 2013
- National Practice Standards for Mental Health Workforce 2013
- Connecting care to recovery 2016-2021

**Continuing Professional Development**

7 Hours
Active learning