

## QC24 Working with Strengths in Recovery - **Unavailable\***

**This one day course is based on the Strengths Model of recovery and aligned with Queensland Health recovery focused strategic goals and standards.**

By identifying an individual's strengths the treating team and client can together develop a holistic care plan that sets achievable recovery goals.

After being introduced to the strengths model via the introductory pre-requisite eLearning, this full day face-to-face workshop includes activities, interactive discussions and simulation activities to further explore the application of the strengths focus in recovery planning. The simulation training will provide an opportunity for participants to practice applying the model's philosophy, methodology and tools.

Applicable to both Queensland Health and non-Government sector, the course focuses on recovery and continuing care in both clinical and community settings.

*Note: QC43 Introduction to Working with Strengths in Recovery eLearning must be completed to enable enrolment in this course (see page 32).*

### Anticipated learning outcomes:

- use person-centred interpersonal skills that support a strengths based practitioner/consumer working relationship
- identify a consumer's strengths and how these strengths can be used to support a meaningful life as determined by the consumer
- use Strengths Assessment to assist the consumer to identify their strengths and then their goals
- assist the consumer to break down their goals into measurable and achievable short term goals and plan tasks and activities using the Personal Recovery Plan
- use the Strengths Model process and the model's practice values when the recovery process is interrupted
- apply strengths based approaches to risk and crisis situations.

**\*Note:** Currently listed Unavailable. Expressions of interest are still being recieved for this course.

Complete QC43 An Introduction to Working with Strengths in Recovery eLearning for foundational concepts.

### When to attend training:

**New clinicians:** As soon as practical when commencing clinical practice.

**Experienced clinicians:** Every two years as a refresher to ensure currency with practices, policies and procedures.

**Cost:** \$250 per person  
Queensland Health/QAS - Nil (internally funded)

**Mode:** Face-to-face

**Duration:** 1 day = 7 hours active learning for CPD

**Pre-requisites:** Completion of QC43 An Introduction to Working with Strengths in Recovery eLearning.

#### Aligned to:

- *A national framework for recovery-oriented mental health services 2013*
- *National Practice Standards for the Mental Health Workforce 2013*
- *Better Care Together.*

**More options:** Occasionally offered via online classroom (identified via venue details of session listing).