

QC26 Evaluations of Risk

(Video-conference delivered training)

This half day course is ideal for remote and rural services as it is delivered via video-conference.

The workshop provides mental health practitioners with a condensed snapshot of risk assessment training, familiarising participants with a basic understanding of risk assessment and management skills, and how to apply them. Covering the core elements of static, dynamic, protective and unknown risk factors, the course reinforces the importance of thorough risk screening and using informed professional judgement to write clinical summaries that reflect the weighing up of identified risk and protective factors.

Throughout the program participants will work through the development of treatment plans guided by the individual needs of the consumer, combined with the underpinning recovery focused, consumer centred values.

Note: *This course is not a substitute for attending the full day QC9 Critical Components of Risk Assessment, however it is not a requirement that participants have previously attended QC9 in order to enrol in this course.*

As this course is delivered via video-conference, up to 3 sites (with up to 6 participants in each location) can participate in the training.



Continuing professional development information:

3:45 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



Learning outcomes

On completion of the course participants will be able to:

- identify the six steps to completing a risk assessment and management plan
- identify static, dynamic and protective factors according to six domains of risk
- weigh up the risk factors identified and prioritise issues for planning
- write a risk formulation/assessment summary that describes the risk factors, the relationship between them and further considerations that affect risk assessment and management planning
- generate strategies and management options to mitigate the risks
- document strategies in a short and long-term risk management plan
- review the risk assessment and management process.

Aligned to *Queensland Plan for Mental Health 2007-2017*, *National standards for recovery oriented mental health services 2013*.

© State of Queensland (Queensland Health) 2017

Queensland Government

Mental Health Services Risk Screening Tool

Facility: _____

URN: _____ (Affix identification)

Family name: _____

Given name(s): _____

Address: _____

Date of birth: _____

Sex: ☐ M ☐ F ☐ I

Mental Health Act status

☐ None

☐ Examination authority

☐ Examination/judicial order

☐ Treatment authority

☐ Forensic order (mental health)

☐ Forensic order (disability)

☐ Forensic order (criminal code)

Conditions of order: _____

☐ Treatment support order

☐ Person AWA (interstate)

☐ Recommendation for assessment

☐ Transfer recommendation

☐ Classified (involuntary)

☐ Classified (voluntary)

Does the consumer have an Advance Health Directive?

Y=yes ☐ Y ☐ N ☐ UK

N=no ☐ Y ☐ N ☐ UK

UK=unknown ☐ An interpreter was used

Suicide

Static factors

Previous attempt

Exposure to self-harm

Exposure to suicide

Stressful life events (mental disorder, physical illness/pain, unemployment, history of trauma, homelessness)

Comments (provide details of level risk factors)

Dynamic factors

Suicidal thoughts

Plan (consider detail of access to lethal agents)

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837

