

🕒 1.5 hours eLearning + 1 day

Risk training

QC28 Youth: Engage, Assess, Respond to, and Support Suicidal People (YEARS)

This course is designed to provide participants with skills in engaging young people and their caregivers in the assessment and response to suicidal behaviour.

The course is in a blended format comprising of a 2 hour eLearning program, followed by a full day face-to-face workshop.

The course is broadly divided into three topics:

- engaging young people who are suicidal, and their families
- assessing suicide risk in young people
- responding to suicide risk in young people using formulation driven intervention.

Pre-requisite: This is a blended learning course. The eLearning component must be completed before enrolment in the face-to-face training is enabled.

Anticipated learning outcomes:

- have an understanding of basic epidemiology of youth suicide
- recognise the impact of personal values and attitudes about suicide on clinical practice and service systems
- apply skills to build a therapeutic alliance with a young person who is suicidal and their family, considering systemic factors impacting on suicidal young people and their care
- identify warning signs of suicide and differentiate static, dynamic, protective and future risk factors
- apply the Chronological Assessment of Suicide Events (CASE) framework to assess a consumers suicidal ideation, planning, behaviours, desire and intent
- apply the Integrated Motivational Volitional model of suicidal behaviour to assessment, safety and recovery planning.
- write a prevention orientated risk formulation
- apply collaborative safety planning processes and recovery planning for suicidality.

Category: Subsidised

Aligned to

Queensland Health Suicide Risk Assessment and Management guidelines (2010)

NSQHS Standards: 1, 2, 5, 6 & 8

Continuing Professional Development



8.5 Hours
Active learning

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The training day was excellent. It had a good mix of practical group work and theory and was a great way to refresh my assessment and management skills.

School Based Youth Health Nurse

QC28 course attendee