QC28 Youth: Engage, Assess, Respond and Support Suicidal People

This course is designed to provide participants with skills in engaging young people and their caregivers in the assessment and response to suicidal behaviour.

The course is in a blended format comprising of a 1.5 hour eLearning program, followed by a full day face-to-face workshop.

The course is broadly divided into three topics:
1. engaging young people who are suicidal, and their families
2. assessing suicide risk in young people
3. responding to suicide risk in young people using formulation driven intervention.

Note: The eLearning component must be completed prior to attending the face-to-face workshop.

Continuing professional development information:
Completion of this training activity can be used for continuing professional development points equivalent to 8.5 hours active learning.
Learning outcomes

At the end of the course participants will be able to:

- have an understanding of basic epidemiology of youth suicide
- recognise the impact of personal values and attitudes about suicide on clinical practice and service systems
- apply skills to build a therapeutic alliance with a young person who is suicidal and their family, considering systemic factors impacting on suicidal young people and their care
- identify warning signs of suicide and differentiate static, dynamic, protective and future risk factors
- apply the Chronological Assessment of Suicide Events (CASE) framework to assess a consumers suicidal ideation, planning, behaviours, desire and intent
- apply the Integrated Motivational Volitional model of suicidal behaviour to assessment, safety and recovery planning
- write a prevention orientated risk formulation
- apply collaborative safety planning processes and recovery planning for suicidality.

Risk Formulation

For more information about this course, to view the training calendar, or to enrol in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837