

QC28 Youth: Engage, Assess, Respond to, and Support Suicidal People (YEARS)

This course is designed to provide participants with skills in engaging young people and their caregivers in the assessment and response to suicidal behaviour.

The course is in a blended format comprising of a 2 hour eLearning program, followed by a full day face-to-face workshop.

The course is broadly divided into three topics:

- engaging young people who are suicidal, and their families
- assessing suicide risk in young people
- responding to suicide risk in young people using formulation driven intervention.

Note: The eLearning component must be completed to enable enrolment in a session.

Anticipated learning outcomes:

- have an understanding of basic epidemiology of youth suicide
- recognise the impact of personal values and attitudes about suicide on clinical practice and service systems
- apply skills to build a therapeutic alliance with a young person who is suicidal and their family, considering systemic factors impacting on suicidal young people and their care
- identify warning signs of suicide and differentiate static, dynamic, protective and future risk factors
- apply the Chronological Assessment of Suicide Events (CASE) framework to assess a consumers suicidal ideation, planning, behaviours, desire and intent
- apply the Integrated Motivational Volitional model of suicidal behaviour to assessment, safety and recovery planning
- write a prevention orientated risk formulation
- apply collaborative safety planning processes and recovery planning for suicidality..

When to attend training:

New clinicians: As soon as practical when commencing clinical practice.

Experienced clinicians: Please refer to your local mandatory/requisite training requirements. It is however recommended to complete as a refresher approximately every two years to ensure adherence to current guidelines, practices and policies.

Cost: \$250

Queensland Health/QAS - Nil (internally funded)

Mode: Blended (eLearning + face-to-face)

Duration: 2 hour eLearning + 1 day = 8.5 hours active learning for CPD

Pre-requisites: Completion of 2 hour pre-enrolment eLearning (4 modules) prior to enrolling in workshop.

Aligned to:

- Queensland Health Guidelines for Suicide Risk Assessment and Management (2010)

More options: Available via online classroom; view QC35 YEARS online classroom on our website.