



## QC2 Engage, Assess, Respond to, and Support Suicidal People (EARS)

The EARS course is in a blended format comprising of a 2 hour eLearning program, followed by a full day face-to-face workshop, aimed at developing clinical competence in working with suicidal people.

The course is broadly divided into four modules:

- introduction to working with suicidal people
- engage with people who are suicidal, and their families
- assessing suicide risk
- responding to suicide risk using person centred risk assessment, formulation driven intervention and ongoing support.

*Note: The eLearning component must be completed to enable enrolment in a session.*

### Anticipated learning outcomes:

- have an understanding of basic epidemiology of suicide
- recognise the impact of personal values and attitudes about suicide on clinical practice and service systems
- apply skills to build a therapeutic alliance with a young person who is suicidal and their family, considering systemic factors impacting on suicidal young people and their care
- identify warning signs of suicide and differentiate static, dynamic, protective and future risk factors
- apply the Chronological Assessment of Suicide Events (CASE) framework to assess a consumers suicidal ideation, planning, behaviours, desire and intent
- apply the Integrated Motivational Volitional model of suicidal behaviour to assessment, safety and recovery planning
- write a prevention orientated risk formulation
- apply collaborative safety planning processes and recovery planning for suicidality.

### When to attend training:

**New clinicians:** As soon as practical when commencing clinical practice.

**Experienced clinicians:** Please refer to your local mandatory/requisite training requirements. It is however recommended to complete as a refresher approximately every two years to ensure adherence to current guidelines, practices and policies.

**Cost:** \$250

Queensland Health/QAS - Nil (internally funded)

**Mode:** Blended (eLearning + face-to-face)

**Duration:** 2 hour eLearning + 1 day = 8.5 hours active learning for CPD

**Pre-requisites:** Completion of 2 hour pre-enrolment eLearning (4 modules) prior to enrolling in workshop.

**Aligned to:**

- Queensland Health Guidelines for Suicide Risk Assessment and Management (2010)

**More options:** Available via online classroom. View QC32 EARS online classroom on our website.