

## QC2 Suicide Risk Assessment & Management

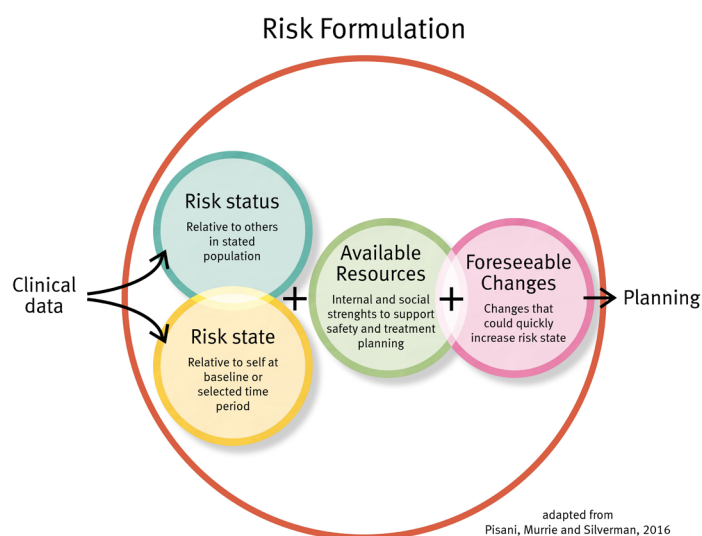
The one day training course explores critical issues in suicide risk assessment and management through a process that develops structured professional judgement.

The course was designed for mental health practitioners, however practitioners from other services who work with clients of mental health services will also find the content covered highly relevant.

The aim of this course is to facilitate clinicians to advance their current level of evidence-based clinical knowledge, skills and practice in their assessment of individuals at risk of suicide. The *Interpersonal Theory of Suicide* is applied alongside an in-depth analysis of protective factors, including the role of carers and key support people.

Fostering an alliance between staff and people experiencing mental illness, and attention to self-care is threaded throughout the day.

The course uses an applied learning approach with large and small group activities designed to support achieving the course outcomes.



### Continuing professional development information:

7 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



## Learning outcomes

At the end of the course participants will be able to:

- use a structured professional judgement approach when assessing and managing suicide risk
- apply key components of the Interpersonal Theory of Suicide to risk assessment and management processes that support practice and recovery
- use strategies that support engagement and strengthen challenges to the alliance
- apply self-care strategies when working with suicide.

Aligned to *Guidelines for Suicide Risk Assessment and Management* (2010)



### Testimonials:

*“The training helped to de-mystify the concept of suicide. Learning about the interpersonal theory of suicide really helped be to understand suicide, what areas to consider when assessing risk, questions to ask and how to plan. In particular, understanding the client’s perception of their world is key to assessing suicide risk.”* Occupational Therapist

*“The training was engaging and inclusive. The balance of theory, and how to transition into proactice was both realistic yet challenging.”* Nurse

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

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- email: [qcmhltraining@health.qld.gov.au](mailto:qcmhltraining@health.qld.gov.au)
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