The training exceeded my expectations. I was expecting a refresher course but it was much more than that. I have increased my knowledge and skills in relation to engaging, assessing and supporting suicidal people. The motivational interviewing framework was very useful and I will apply to my clinical practice. Great training!

Psychologist
QC2 course attendee

Risk training

QC2 Engage, Assess, Respond to, and Support Suicidal People (EARS)

The EARS course is in a blended format comprising of a 2 hour eLearning program, followed by a full day face-to-face workshop, aimed at developing clinical competence in working with suicidal people.

The course is broadly divided into four modules:
• introduction to working with suicidal people
• engage with people who are suicidal, and their families
• assessing suicide risk
• responding to suicide risk using person centred risk assessment, formulation driven intervention and ongoing support.

Note: The eLearning component must be completed prior to attending the face-to-face workshop.

Anticipated learning outcomes:
• have an understanding of basic epidemiology of suicide
• recognise the impact of personal values and attitudes about suicide on clinical practice and service systems
• apply skills to build a therapeutic alliance with a young person who is suicidal and their family, considering systemic factors impacting on suicidal young people and their care
• identify warning signs of suicide and differentiate static, dynamic, protective and future risk factors
• apply the Chronological Assessment of Suicide Events (CASE) framework to assess a consumers suicidal ideation, planning, behaviours, desire and intent
• apply the Integrated Motivational Volitional model of suicidal behaviour to assessment, safety and recovery planning
• write a prevention orientated risk formulation
• apply collaborative safety planning processes and recovery planning for suicidality.

Category: Subsidised
Aligned to
Guidelines for Suicide Risk Assessment and Management (2010)
NSQHS Standards: 1, 2, 5, 6 & 8
Continuing Professional Development
8.5 Hours
Active learning