QC2 Engage, Assess, Respond to, and Support Suicidal People (EARS)

The EARS course is in a blended format comprising of a 1.5 hour eLearning course, followed by a full day face-to-face workshop, aimed at developing clinical competence in working with suicidal people.

The course is broadly divided into four modules:
1. introduction to working with suicidal people
2. engage with people who are suicidal, and their families
3. assessing suicide risk
4. responding to suicide risk using person centred risk assessment, formulation driven intervention and ongoing support.

Note: the eLearning component must be completed prior to attending the face-to-face workshop.

Continuing professional development information:
Completion of this training activity can be used for continuing professional development points equivalent to 8.5 hours active learning (eLearning and face-to-face workshop combined time).
Learning outcomes

On completion of the course participants will be able to:

- have an understanding of basic epidemiology of suicide
- recognise the impact of personal values and attitudes about suicide on clinical practice and service systems
- apply skills to build a therapeutic alliance with people who are suicidal and their family, considering systemic factors impacting on people and their care
- identify warning signs of suicide and differentiate static, dynamic, protective and future risk factors
- apply the Chronological Assessment of Suicide Events (CASE) framework to assess a consumers suicidal ideation, planning, behaviours, desire and intent
- apply the Integrated Motivational Volitional model of suicidal behaviour to assessment, safety and recovery planning
- write a prevention orientated risk formulation
- apply collaborative safety planning processes and recovery planning for suicidality.

Risk Formulation

For more information about this course, to view the training calendar, or to enrol in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837