

## QC4 Supervisor

The two day course is designed for all mental health practitioners who are currently providing clinical supervision (or working towards a supervisory role) within Queensland Health services. The course is practical, collaborative and based on international best practice experiential principles for the training of clinical supervisors.

The aim of the course is to facilitate the development of core skills and capability in the supervision practice areas of:

- the supervisory relationship
- holding and maintaining a supervisory alliance
- reflection
- providing and receiving feedback, and
- monitoring of safety and ethical dilemmas.

These skills will be practiced against a interdisciplinary model of clinical supervision practice that provides supervisors with resources to build or extend their supervision framework and can be applied to any area of practice.

The course is suitable for all practitioners regardless of professional orientation, area of specialisation and service delivery mode.

**Note:** it is highly recommended that participants have some knowledge of, and experience within a mental health service, direct contact with mental health consumers, and participate in clinical supervision.

**Pre-requisite:** It is a requirement that participants have attended the QC8 Best Practice Models of Supervision (or former title QC8 Introduction to Supervision) training course delivered by the Queensland Centre for Mental Health Learning prior to attending this workshop.

*For*  
**SUPERVISION**

### Continuing professional development information:

14 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



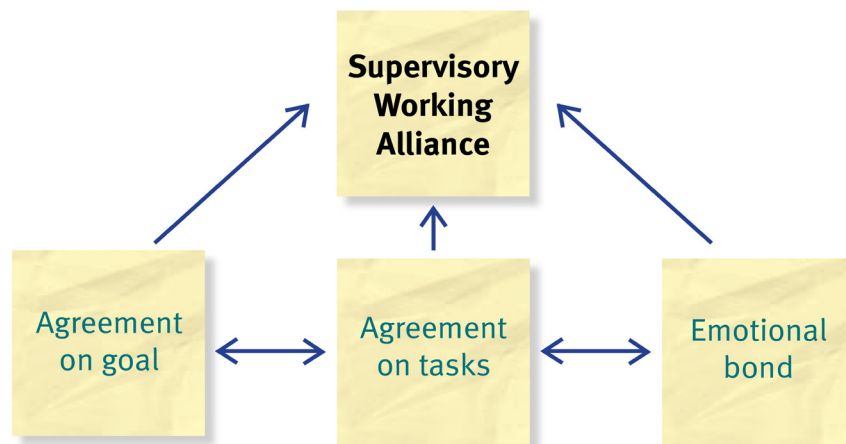
## Learning outcomes

On completion of the course participants will be able to:

- apply skills in facilitating the Supervisory Working Alliance (SWA) including specific knowledge of task, bond and goal
- apply effective strategies for facilitating and developing clear clinical supervision agreements
- apply the Proctor, Seven-eyed process and Alliance Models of clinical supervision
- develop skills in using reflective practice in clinical supervision
- distinguish between summative and formative clinical supervision evaluation
- provide accurate, effective feedback and remain open to receiving supervisee feedback.

**Aligned to** *Clinical Supervision Guidelines for Mental Health Services 2009.*

Supported by the online resource centre clinical supervision resources for mental health services [www.health.qld.gov.au/qcmhl/supervision\\_res](http://www.health.qld.gov.au/qcmhl/supervision_res)



### Testimonials:

*“A must do training program for all Supervisors, whether new to Supervision or looking for a refresher. The teamwork component is helpful in providing supervision lessons to the group allowing the sharing of experiences.”* Social Worker

*“Prior to attending I knew nothing about supervision. This training was very informative and I feel confident in using the learning to support my colleagues in their roles.”*  
Mental Health Worker

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- [www.qcmhl.qld.edu.au](http://www.qcmhl.qld.edu.au)
- email: [qcmhltraining@health.qld.gov.au](mailto:qcmhltraining@health.qld.gov.au)
- phone: 3271 8837