

QC8 Best Practice Models of Supervision

The one day face-to-face course explores the fundamentals of best practice models of supervision, addressing the expectations and processes involved in effective clinical supervision.

Designed for all mental health practitioners providing and receiving clinical supervision, it is also suitable for clinicians in other services who apply clinical supervision practices to support them in their role and management of professional duties.

The training relates strongly to *Clinical Supervision Guidelines for Mental Health Services* (2009) and the *Practice supervision in allied mental health human resources policy* (G5, Queensland Health 2008) with respect to roles, responsibilities and expectations of clinicians and supervisors, to assist in the delivery of quality, effective and accountable clinical supervision.

The training covers quality control functions, professional and legal responsibilities, as well as personal accountabilities and liabilities.

The experiential-didactic delivery model enables clinicians to actively engage and reflect on personal practice experience during the training – a very important aspect when it comes to not only client engagement, but also in self-care when handling diverse and challenging case loads.

Note: *this course is a pre-requisite for those wishing to complete QC4 Supervisor.*



A
VISION
For
SUPERVISION

“To be a good supervisor, you need to be a good supervisee.”

Continuing professional development information:

7 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses,
and Australian Association of Social Workers.



Learning outcomes

At the end of the course participants will be able to:

- outline how the Supervisory Working Alliance (SWA) underpins the functions of supervision
- identify the purpose of a formal clinical supervision agreement to achieve successful supervision and professional development outcomes
- demonstrate how to apply the Three Functions, Seven-eyed Process and Supervisory Working Alliance Models to clinical supervision practice
- distinguish methods to give and receive effective feedback
- identify how evaluations are best applied for quality supervision
- recognise what may cause challenges within supervision relationships and illustrate techniques for improving the relationship
- apply key parts of the Queensland Health Clinical Supervision Guidelines for Mental Health Services to their current supervision arrangements.

Aligned to *Clinical Practice Guidelines for Mental Health Services 2009*.



Testimonials:

“This course is a good introduction to supervision and a good length. It provides great tools and models for any clinician to use straight away.”

Nurse

“A clear concise introduction useful for all clinicians. The only way to stay healthy.”

Clinical Nurse Consultant

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837