

QC9 Critical Components of Risk Assessment & Management

This one day course aims to promote evidence-based clinical risk assessment and management practices that improve consistency in the assessment and management of consumer risks.

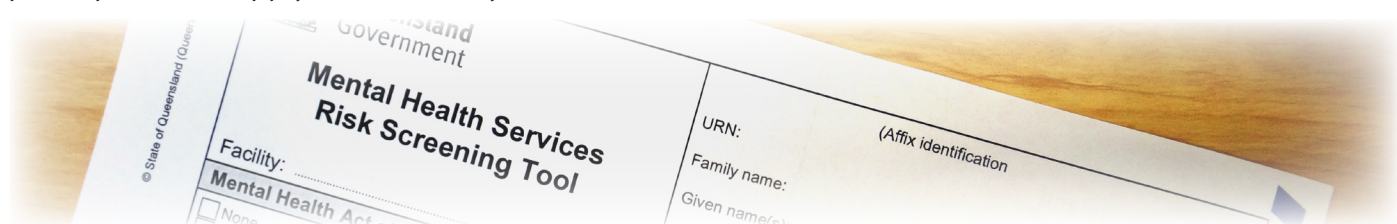
Clinical risk assessment is a dynamic process involving a gathering of information, an analysis of current risk issues weighed against mitigating factors and potential for negative outcomes.

This course orients mental health practitioners to a six step risk assessment and management process which applies to a range of risk domains including aggression/violence, vulnerability, suicide, self-harm, absent without approval and child safety.

Participants are furnished with skills to identify known risk factors relevant to an individual, understanding the context in which they are occurring and linking historical information to present information. Importantly, identifying what is not known about a consumers risks, and taking action to broaden information gathering activities is also covered using a collaborative approach and making assessment decisions based on informed clinical judgement. The course then demonstrates how to use this information to develop a long-term and short-term risk management plan.

Suitable for both novice and experienced practitioners this course reflects current Queensland Health policies and guidelines on risk assessment and management and addresses the over-arching issues of clinical risk in any service delivery setting.

The course uses an applied learning approach with large and small group activities designed to support achieving the course outcomes, culminating in an open book written assessment where participants can apply the skills they have learned and receive feedback on these.



Continuing professional development information:

7 hours of active learning

This program is accredited by the Australian College of Mental Health Nurses and Australian Association of Social Workers.



Learning outcomes

At the end of the course participants will be able to:

- identify static, dynamic, protective, future and unknown risk factors according to six domains of risk
- weigh up the risk factors identified and prioritise issues for planning
- write a risk formulation/assessment summary that describes the risk factors, the relationship between them and further considerations affecting the risk assessment and management plans
- generate strategies and planning options to mitigate the known risks
- document strategies in a short and medium/long-term risk management plan
- make a plan to appropriately review risk assessments and management strategies.

Aligned to *A national framework for recovery-oriented mental health services 2013*



Testimonials:

“Well presented and critical to our practice.” Support Worker

“Informative, professional, safe and supportive learning that enabled me to explore and evaluate my current practice, and consider areas to improve, expand and develop.” Nurse

For more **information** about this course, to view the **training calendar**, or to **enrol** in training, visit us at:

- www.qcmhl.qld.edu.au
- email: qcmhltraining@health.qld.gov.au
- phone: 3271 8837