



Queensland
Government

Mental Health Services Mini Mental State Examination (MMSE)

Facility:

(Affix identification label here)

URN:

Family name:

Given name(s):

Address:

Date of birth:

Sex: ☐ M ☐ F ☐ I

- Instructions:**
- Before starting the questionnaire, try to get the consumer to sit facing you.
 - Ask the question a maximum of three times. If the consumer does not respond, score zero.
 - If the consumer answers incorrectly, score zero. Do not hint, prompt or ask the question again.

I am going to ask you some questions and give you some problems to solve. Please try to answer as best you can.

Orientation (allow 10 seconds for each response)

Points
(☒ = Pass)

- What year is it? (accept exact answer only) ☐ 1
 - What season is it? (last week of old season or first week of new season acceptable) ☐ 1
 - What is today's date? (accept previous or next day's date) ☐ 1
 - What day of the week is it? (accept exact answer only) ☐ 1
 - What month of the year is it? (first day of new month or last day of previous month acceptable) ☐ 1
- What state of Australia are we in? (accept exact answer only) ☐ 1
 - What city are we in? (accept exact answer only) ☐ 1
 - What suburb are we in? (accept exact answer only) ☐ 1
 - What floor of the building are we on or what ward are we on? (accept exact answer only) ☐ 1
 - What is the name of this place? (accept exact answer only) ☐ 1

Orientation sub-total:

Registration

- I am going to name three objects. After I have said them, I want you to repeat them. Remember what they are because I am going to ask you to name them in a few minutes.
Say them slowly at about 1 second intervals
APPLE TABLE PENNY
Please repeat the three items for me.
Score one point for each correct response on the first attempt. Allow 20 seconds for response; if consumer does not repeat all three, repeat until they do, or up to a maximum of five times. Maximum score three.

- ☐ 1 - Apple
☐ 1 - Table
☐ 1 - Penny

Registration sub-total:

Attention and Calculation

- Can you subtract 7 from 100, and then subtract 7 from the answer you get, and keep subtracting 7 until I tell you to stop?

- ☐ 1 - 93
☐ 1 - 86
☐ 1 - 79
☐ 1 - 72
☐ 1 - 65

OR

- I am going to spell a word forwards and I want you to spell it backwards.
The word is WORLD - W - O - R - L - D. (You may help the person spell the word correctly). Now spell it backwards.

Repeat if necessary. Allow 30 seconds to spell it backwards. If the consumer cannot spell "world" with assistance, score 0. Score one for each letter in correct order. Maximum score five.

- OR
☐ 1 - D
☐ 1 - L
☐ 1 - R
☐ 1 - O
☐ 1 - W

Attention and Calculation sub-total:

Recall

- Now, what were the three objects I asked you to remember?

Score one point for each correct response, regardless of order. Allow 10 seconds for response. Maximum score of three.

- ☐ 1 - Apple
☐ 1 - Table
☐ 1 - Penny

Recall sub-total:

Clinician's name (please print):	Designation:	Signature:	Team:	Date:	Time:
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Language

Points

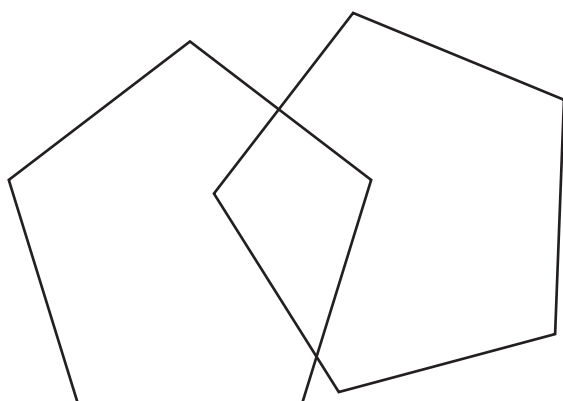
(☒ = Pass)

7. Show the consumer a wrist watch. **What is this called?** ☐ 1
Allow 10 seconds for response. Accept 'wrist watch' or 'watch'. Do not accept 'clock' or 'time'. Score one point.
8. Show the client a pencil. **What is this called?** ☐ 1
Allow 10 seconds for response. Accept 'pencil' only, not 'pen'. Score one point.
9. **I would like you to repeat a phrase after me:**
"No ifs, ands or buts" ☐ 1
Allow 10 seconds for response, score one point for correct repetition. Answer must be exact.
10. **Read the words on this page and do what it says.** ☐ 1

Close your eyes

If consumer reads and does not close eyes, you may repeat it to a maximum of three times. Allow 10 seconds, score only one point only if consumer closes eyes.

11. *Read the full statement below before handing respondent blank piece of paper. Do not repeat or coach.*
I am going to hand you a piece of paper. When I do, take the piece of paper in your right hand, fold the paper in half with both hands and put the paper down on your lap.
Allow 30 seconds. Score one point for each instruction executed correctly.
- Takes the paper in correct hand ☐ 1
Folds the paper in half ☐ 1
Puts paper down on lap ☐ 1
12. *Hand consumer a piece of paper and a pencil.* **Write any complete sentence on that piece of paper.** ☐ 1
Allow 30 seconds. The sentence should have a subject and a verb, and make sense. Spelling and grammatical errors are okay.
13. *Refer to diagram shown below.* **Here's a drawing. Please copy the drawing on the same paper.** ☐ 1
Hand drawing to respondent. Correct if two convex, five-sided figures and intersection makes a four-sided figure. Score one point for a correctly copied diagram. Allow 1 minute maximum.



Language sub-total:

Score best of question 4 or 5 to give a total out of 30. A score of 23 or less indicates cognitive impairment.

Total Test Score:

Adjusted Score:

Clinician's name (please print):

Designation:

Signature:

Team:

Date:

Time: