

**10881NAT Course in Observing and Documenting  
a Mental State Examination**

Continuous case Deborah - Transcript	
Vimeo link: <a href="https://vimeo.com/483312033/4f88dfceeb">https://vimeo.com/483312033/4f88dfceeb</a>	
[DOORBELL RINGING]	
<b>Deborah</b>	Can I help you?
Beth	Hello, Deborah. My name's Beth. I'm one of the nurses from Allied Mental Health.
<b>Deborah</b>	Right. Well, are you my case manager, darling?
Beth	No.
<b>Deborah</b>	There's no need for you to be here.
Beth	Rebecca's away and she's asked me to call in and see you. I tried to call, but you didn't answer the phone.
<b>Deborah</b>	I don't answer the phone, darling. I don't answer the phone.
Beth	Alright.
<b>Deborah</b>	I need my sleep and you've woken me, alright.
Beth	And I'm sorry for that. But I wonder if it would be OK if I came in and had a talk with you.
<b>Deborah</b>	About what, please?
Beth	I just wanted to see how you are doing.
<b>Deborah</b>	Am I-- do I look OK to you? Do I look fine to you?
Beth	Well, it's a bit hard to see you through the screen. I wondered would it be OK if I came in?
<b>Deborah</b>	If you're taking me to hospital--
Beth	No, no.
<b>Deborah</b>	--don't you-- don't trick me. And if there's police--
Beth	I won't do that. Nobody's here. It's just me. I just wanted to come in and just see how you're doing. Would that be OK?
<b>Deborah</b>	I am just out of bed, you know.
Beth	I can see that.
<b>Deborah</b>	I'm not my best.

Beth	OK. Would you like me to wait out here while you got changed?
<b>Deborah</b>	Well, who am I?
Beth	You're Deborah.
<b>Deborah</b>	And what's your name?
Beth	And I'm Beth. Shall I wait here while you change?
<b>Deborah</b>	No, darling. No, don't stand out there. People will see. You might as well-- alright, you can come in, darling, but don't come in my bedroom, please.
Beth	No, no, I won't do that. Would you like me to close the door?
<b>Deborah</b>	Yes, of course, I want you to close the door.
Beth	You know, Deborah, when you didn't come to your appointments and you didn't answer the phone, I felt a little bit concerned about you.
<b>Deborah</b>	Well, you can see I'm alright now, Beth. I'm alright. You don't need to be concerned, darling. You don't need to be concerned.
Beth	OK. But can you tell me about why you didn't answer the phone?
<b>Deborah</b>	I can't answer my phone, Beth. I can't answer my phone.
Beth	OK. But it does work?
<b>Deborah</b>	Beth, I don't want to talk to you about my telephone, because it does work. And people are jealous of me. Alright, I think you're jealous of me, Beth. My case manager Rebecca is jealous of me.
Beth	OK. Can I just ask you, because I know you like to go down to your local shops, have you been doing that?
<b>Deborah</b>	I can't go to my local shops, Beth. I can't go out at the very moment. I should be asleep. And you have gotten me up out of bed. But I have made an effort, darling, to get dressed and talk to you. Is that enough?
Beth	OK. alright. And I appreciate that. Thank you. Deborah, can I just ask you if you're taking your medication?
<b>Deborah</b>	I really don't want to talk about this with you, Beth. I don't think it's a good thing because I don't need medication. If my doctor has sent you, you tell him I am not taking medication that makes me very fat like Rebecca. She is jealous and wants me to be fat like her.
Beth	OK. So you've stopped your medication because you're putting on weight?
<b>Deborah</b>	Yes, darling, and I've lost weight. And that is proof I didn't need it, alright?
Beth	OK. I wonder if we could find a medication that didn't make you put on weight whether you'd be willing to try that.
<b>Deborah</b>	Beth, I am not taking it. Beth, you seem like a nice person, Beth. And I don't want to get really angry. But I don't need medication, darling, alright? I don't need it.

<b>Deborah</b>	Yes, darling, and I've lost weight. And that is proof I didn't need it, alright?
Beth	OK. I wonder if we could find a medication that didn't make you put on weight whether you'd be willing to try that.
<b>Deborah</b>	Beth, I am not taking it. Beth, you seem like a nice person, Beth. And I don't want to get really angry. But I don't need medication, darling, alright? I don't need it.
Beth	Alright. OK.
<b>Deborah</b>	OK.
Beth	OK.
<b>Deborah</b>	This is my house. I'm out of bed now for you and I don't want to be talking medication to your taxpaying necklace that you are wearing today. I am serotonergic, darling, which is why I don't smoke.
Beth	Alright. You just said to me that you've gotten out of bed because I came?
<b>Deborah</b>	Yes. For you. For you.
Beth	Normally you don't sleep in the daytime?
<b>Deborah</b>	No, I don't-- I don't sleep in the daytime. That is alright, Beth.
Beth	Have you been sleeping at night?
<b>Deborah</b>	No, I can't sleep at night, darling, I can't sleep at night. People want me at night. Well, I have to stay up at night. I'm busy woman. I have paperwork to do. I have taxes to pay. And I can't-- I have to be up at night, darling, and sleep in the day.
Beth	Are you managing to eat?
<b>Deborah</b>	Yes, darling, I do eat. I do eat. I'm on an excellent diet now.
Beth	OK. So you're not eating as much.
<b>Deborah</b>	That's alright because of the tablets, darling.
Beth	OK. Hold on. What are you thinking about?
<b>Deborah</b>	I don't understand, Beth. I don't know what you mean. I was born on Good Friday. I was born on Good Friday and not in a manger. I was born on Good Friday under a hay stack, alright, and any needle-- don't-- and you're needling me, darling. You're needling me.
Beth	OK. So it sounds like you've got lots of thoughts going around.
<b>Deborah</b>	I've got a lot of-- I have, Beth. Yes, I do.
Beth	Can I ask you how you feel inside?
<b>Deborah</b>	Yes.
Beth	You look distressed to me and I'm wondering if--

<b>Deborah</b>	Thank you, Beth. I am distressed. I am distressed. I am distressed. My doctor doesn't understand.
Beth	OK. So that's how you feel inside too.
<b>Deborah</b>	Yes, darling, that's how I feel inside. That's how I feel inside. I'm on the inside and outside quite beautiful. I'm quite beautiful. Have you been fat? Have you been fat?
Beth	No, that hasn't been something that's happened to me.
<b>Deborah</b>	Well, my case manager Rebecca's fat and she wants me to be fat, alright, alright.
Beth	Remember, we're not going to talk about Rebecca.
<b>Deborah</b>	I don't want to talk about Rebecca, I've told you. I don't want to talk at all, Beth, because you're upsetting me, alright. alright.
Beth	And that's not what I want to do.
<b>Deborah</b>	Well, you're doing it.
Beth	OK. So should we just have a little break?
<b>Deborah</b>	Yes. I want a break, Beth.
Beth	Alright, maybe you'd like to make yourself a drink.
<b>Deborah</b>	I will make a drink.
Beth	OK.
<b>Deborah</b>	Thank you. Thank you, Beth. Thank you, darling. I have to go.
Beth	OK. Have a little rest.
<b>Deborah</b>	Alright, darling, alright.
<b>Time stamp 00:05:54</b>	

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<b>2: Appearance and behaviour - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483307245/c8d5c0d1ba">https://vimeo.com/483307245/c8d5c0d1ba</a>	
<b>Speaker 1</b>	I am not completely like other people.
Speaker 2	What do you mean by that?
<b>Speaker 1</b>	People dislike me, because I am not completely like them.
Speaker 2	And in what way are you different?
<b>Speaker 1</b>	I am trying to do with my life something which few people try to do. And this influences my thinking, and consequently my actions.
Speaker 2	What is it you're trying to do with your life?
<b>Speaker 1</b>	Play the piano for people.
Speaker 2	I'm not clear. How is it that playing the piano for people has eventually resulted in your being here in the hospital?
<b>Speaker 1</b>	I sit differently when I play the piano. And when I'm away from the piano, I occasionally look differently from other people. And this has caused dislike from people.
<b>Time stamp:</b> 00:01:32	

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<b>3: Pressured speech example - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483307325/6fc9361fcf">https://vimeo.com/483307325/6fc9361fcf</a>	
Psychiatrist	Hello there, Mr. Reilly.
<b>John Reilly</b>	Hello.
Psychiatrist	My name's Dr. Bedhi and I'm the psychiatrist--
<b>John Reilly</b>	I come to see you because my GP sent me to see you, didn't he? He said come and see a trick cyclist, because then you'll be all right.
Psychiatrist	Come and see a--
<b>John Reilly</b>	Trick cyclist. Psychiatrist, yeah.
Psychiatrist	Oh, right. OK.
<b>John Reilly</b>	You must know that one, yeah. He said come and see you because you have time to listen to me.
Psychiatrist	Yeah.
<b>John Reilly</b>	He's not had time to listen to me, you see. Because he's a GP, he's a doctor, but I don't think he's very clever.
Psychiatrist	Can I just--
<b>John Reilly</b>	He's not very clever because he's not-- he's not-- he's not.
Psychiatrist	OK.
<b>John Reilly</b>	Get into this, you see, Let me talk about this. He talks to me sometimes but then, you know, sometimes he doesn't.
Psychiatrist	Can I just clarify why you're here and why I'm here. I'm the psychiatrist in the emergency clinic today.
<b>John Reilly</b>	Right, OK.
Psychiatrist	And your GP's asked me to see you.
<b>John Reilly</b>	Right. So that's what I mean.
Psychiatrist	Is that right?
<b>John Reilly</b>	That;s why I'm -- 'Cause you-- I'll tell you about this.
Psychiatrist	OK.

<b>John Reilly</b>	Yeah. And this. 'Cause there's important stuff in it, really, really important stuff.
Psychiatrist	Before we start with that, can I just ask you, what would you like me to call you, Mr. Reilly?
<b>John Reilly</b>	Names. Names are games probably not names, that's just stupid.
Psychiatrist	OK.
<b>John Reilly</b>	Call me John.
Psychiatrist	John.
<b>Time stamp: 00:00:54</b>	

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**4: Poverty of Speech - Transcript**

**Vimeo link:** <https://vimeo.com/483307412/0ab93b323c>

<b>Speaker 1</b>	So, tell me how your week's been.
Speaker 2	It was all right.
<b>Speaker 1</b>	What'd you get up to?
Speaker 2	Just the usual.
<b>Speaker 1</b>	And you had mentioned last week that you were expecting some stress at your job. How did that go?
Speaker 2	It was OK.
<b>Speaker 1</b>	Did some things come up that were stressful?
Speaker 2	I don't know. Not really.
<b>Time stamp: 00:00:34</b>	

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<b>5: Speech latency - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483307476/4caba19f8e">https://vimeo.com/483307476/4caba19f8e</a>	
<b>Speaker 1</b>	I am not completely like other people.
Speaker 2	What do you mean by that?
<b>Speaker 1</b>	People dislike me, because I am not completely like them.
Speaker 2	And in what way are you different?
<b>Speaker 1</b>	I am trying to do with my life something which few people try to do. And this influences my thinking, and consequently my actions.
Speaker 2	What is it you're trying to do with your life?
<b>Speaker 1</b>	Play the piano for people.
Speaker 2	I'm not clear. How is it that playing the piano for people has eventually resulted in your being here in the hospital?
<b>Speaker 1</b>	I sit differently when I play the piano. And when I'm away from the piano, I occasionally look differently from other people. And this has caused dislike from people.
<b>Time stamp: 00:01:32</b>	

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**6: Full range affect example - Transcript**

**Vimeo link:** <https://vimeo.com/483309450/44681b3fb1>

**Speaker**

It's just been such a blur. We have so much going on at work. It's a lot of pressure, really. We have this safety inspection coming up. So, we're having to get all our files in order, because part of that's an audit. And then you're checking all the machinery to make sure everything's up to code, and making sure everybody's training is up to date. It's just been a lot of work. And frankly, I've just been feeling a little overwhelmed. And the days have been kind of running together.

**Time stamp: 00:00:30**

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**7: Labile affect example - Transcript**

**Vimeo link:** <https://vimeo.com/483309473/18b51764af>

Psychologist	Is there anything that has been concerning you of late?
<b>Simone</b>	Well, I don't know. There's nothing wrong with me. Everything's OK. I don't even understand why I'm here. Bipolar is just bullshit. You're still there.

**Time stamp: 00:00:22**

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**8: Congruent affect example - Transcript**

**Vimeo link:** <https://vimeo.com/483309560/8924d2c851>

<b>Speaker</b>	I don't even know where to, where to start. I mean-- [PAUSES]
	[SIGHS]
	I mean, this dog that I've had for so long--
	So much can happen. And I can just go home at the end of the day, and Lucky is always there and always--
	I just I just don't know how he got out and--
	[SIGHS]
	There's just nothing worse than you know, driving home and [PAUSES] seeing this dog on the side of the road. And then you realise it's yours. And, I pulled over and there's--
	[SIGHS] There was just nothing I could do. I just don't know what I'm going to do now.

**Time stamp: 00:00:59**

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<b>9: Incongruent affect example - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483309650/26f08333e4">https://vimeo.com/483309650/26f08333e4</a>	
<b>Speaker</b>	So, like, the other night, I was driving home. And I, you know, just looking forward to being at home, and just driving down the road. And there's my dog, dead. I mean, you know, I've been through so much with that dog, I don't know how I'm going to live without that dog.
<b>Time stamp: 00:00:27</b>	

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**10: Mood and affect activity Part A- Transcript**

**Vimeo link:** <https://vimeo.com/483309723/435dfc9a7e>

Speaker 1	Well, why don't we turn the tables here and you interview me. I'll answer your questions.
Speaker 2	Interesting. I can live with that. Just so happens I might have a question for you.

**Time stamp: 00:00:27**

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<b>11: Mood and affect activity Part B - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483309836/0cd3e8ea4a">https://vimeo.com/483309836/0cd3e8ea4a</a>	
<b>Speaker 1</b>	You almost made me mad.
Speaker 2	I know. What made you mad about that?
<b>Speaker 1</b>	I don't know, but you almost did.
Speaker 2	Can you figure out what it is?
<b>Speaker 1</b>	No.
Speaker 2	Try to look at it. Look at what made you mad there.
<b>Speaker 1</b>	I don't know. I think it must have been something you said.
Speaker 2	Yeah.
<b>Speaker 1</b>	Obviously, but I don't know what it was.
Speaker 2	Could it be that I was challenging you and it sounded judgmental?
<b>Speaker 1</b>	Could be. Yeah could be. Because you've got me annoyed with you now. That's the truth.
Speaker 2	How mad are you?
<b>Speaker 1</b>	A bit. Pretty. I feel a little flushed so that means that I've reached a point in my life that I'm a little annoyed.
Speaker 2	What would you like to do?
<b>Speaker 1</b>	Doesn't matter. I don't think it's gotten to the point that I'm actually going to do anything stupid. Just curious to myself why it happened. I don't know why it happened. And I'm actually almost glad it did happen because you had a chance to see something. But I don't know why it happened.
Speaker 2	Did you feel I was criticising you?
<b>Speaker 1</b>	Yes.
Speaker 2	Is that what did it?
<b>Speaker 1</b>	I think so.
<b>Time stamp: 00:01:37</b>	

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<b>12: Mood and affect activity Stephen - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483309910/fab2d5378b">https://vimeo.com/483309910/fab2d5378b</a>	
Speaker 1	So, you say it's been difficult. What particularly do you find day on day you're struggling with?
<b>Speaker 2</b>	Everything just seems like-- it's got the volume turned down. Everything is just mundane. Like the missus complaining about where I leave my socks or stupid things on kids TV. And it's like--
Speaker 1	So, day on day, it feels a bit mundane.
<b>Speaker 2</b>	Yeah.
Speaker 1	As if you can't-- can't really feel things. Have I got that right?
<b>Speaker 2</b>	Yeah, it just feels like-- I don't know, everything just-- there's a barrier.
Speaker 1	It must be really difficult. Are other things happening as well? Does not feeling change at all?
<b>Speaker 2</b>	Yeah. Yeah, like I get-- I've noticed I get frustrated, right?
Speaker 1	Right.
<b>Speaker 2</b>	Not frustrated, angry.
Speaker 1	Angry. So, are you on edge a lot of the time? And when you're angry, do things set you off into to being more angry.
<b>Speaker 2</b>	Yeah.
<b>Time stamp: 00:00:50</b>	

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<b>13: Exaggerated affect example - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483310100/5aab7dc119">https://vimeo.com/483310100/5aab7dc119</a>	
<b>Speaker 1</b>	I'm strong, you see. I'm really, really strong. I've got good muscles. Do you want to feel my muscles? Here do you want to feel this muscle?
Speaker 2	That's OK.
<b>Speaker 1</b>	Look. Great muscles here. Great muscles here. I'm walking and walking. So I'm starting off, walking around New Castle. Walking around New Castle and you know, getting people involved, chatting away.
Speaker 2	Yep.
<b>Speaker 1</b>	Getting some money in cause I'm raising money. I'm raising money for the baby.
<b>Time stamp: 00:00:23</b>	

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**14: Blunted affect example - Transcript**

**Vimeo link:** <https://vimeo.com/483310175/361ea4dde4>

Speaker 1	So, could you tell me a little bit about how you're feeling at the moment?
Speaker 2	Just tired, sad. It's all wrong.

**Time stamp: 00:00:27**

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**15: Flat affect example - Transcript**

**Vimeo link:** <https://vimeo.com/483310233/59b8d26388>

**Speaker**

Yeah. No, I actually was really excited about it. He asked me to marry him. And yeah, no, it was really excellent when he asked 'cause I've been waiting a long time. I was really happy about it. It felt really good. I'm still really excited. Yeah. No, it's going to be an exciting day, can't wait.

**Time stamp: 00:00:25**

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<b>16: Perception activity – Lisa - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483310282/029e4af829">https://vimeo.com/483310282/029e4af829</a>	
Speaker 1	So, tell me a little bit about the voices.
<b>Speaker 2</b>	They're horrible. They say really horrible things to me. Yeah, they say that I'm not any good that I'm ugly. And they say that I've got to be careful of Jono as well.
Speaker 1	So, what's that about, do you think?
<b>Speaker 2</b>	They said that Jonah is, he's maybe trying, he's put a transmitter in my stomach, and I-- everyone knows what I'm thinking all the time. I've got to be careful. I've got to protect myself.
Speaker 1	You have to protect yourself from somebody or is it from the cameras? Or who's it from?
<b>Speaker 2</b>	Yeah, from inside. And I've got to protect myself from Jono. I've got to, yeah, be outside of the house all the time.
<b>Time stamp: 00:00:56</b>	

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**17: Thought content activity Andy - Transcript**

**Vimeo link:** <https://vimeo.com/483310430/b6bb7de699>

Speaker 1	Would it be all right, Andy, for you to tell me a little bit about what's been going on?
<b>Speaker 2</b>	Well, you're going to think it sounds stupid, but my housemates are working for MI-5.
Speaker 1	Right.
<b>Speaker 2</b>	And they're doing stuff to my brain.
Speaker 1	OK.
<b>Speaker 2</b>	They're out to get me.
Speaker 1	OK, that must be very difficult for you. How long has this been going on for Andy?
<b>Speaker 2</b>	About two months.
Speaker 1	Right. And how did you first work out this is what was happening?
<b>Speaker 2</b>	I came home one time and they moved the- they moved the TV to do so really I just knew then.
Speaker 1	What was it that you knew at that moment?
<b>Speaker 2</b>	That they work for MI5.
Speaker 1	Right. OK. OK. So, this has been going on a couple of months?
<b>Speaker 2</b>	Yeah this new lecturer started at uni and he works for MI5.
Speaker 1	Right.
<b>Speaker 2</b>	He basically drafted my housemates in. Turned them against me.
Speaker 1	OK, yeah, OK.
<b>Time stamp: 00:01:11</b>	

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**18: Thought form flow activity – Andy - Transcript**

**Vimeo link:** <https://vimeo.com/512280548/b6748248a4>

Speaker 1	Would it be all right, Andy, for you to tell me a little bit about what's been going on?
<b>Speaker 2</b>	Well, you're going to think it sounds stupid, but my housemates are working for MI-5.
Speaker 1	Right.
<b>Speaker 2</b>	And they're doing stuff to my brain.
Speaker 1	OK.
<b>Speaker 2</b>	And they're out to get me.
Speaker 1	OK, that must be very difficult for you. How long has this been going on for, Andy?
<b>Speaker 2</b>	About two months.
Speaker 1	All right. And how did you first work out this is what was happening?
<b>Speaker 2</b>	I came home one time and had to move the TV to the other side of the room, and I just, I knew then.
Speaker 1	And what was it that you knew at that moment?
<b>Speaker 2</b>	That, that they worked for MI-5.
Speaker 1	Right. OK, OK. So it's been going on a couple of months?
<b>Speaker 2</b>	Yeah, this new lecturer started at uni, and he works for MI-5.
Speaker 1	Right.
<b>Speaker 2</b>	And he basically drafted my house mates in. Turned them against me.
Speaker 1	OK, yeah, OK.
<b>Time stamp: 00:01:11</b>	

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**19: Circumstantiality example - Transcript**

Vimeo link: <https://vimeo.com/483310538/ef87e1268a>

**Speaker**

OK, let's shoot. What do you want to know? I tell you all about how to cure the sick. You know what makes them sick. Now, I'm going to tell you how to cure them.

First of all, do away with the electric shock. It interferes with the abstract thinking, the prefrontal lobes. Bring back the metrizol. But fatten them up with meat, the muscle, not the fat, the muscle, plenty of meat. And liver, mostly liver, meat, fish, eggs, all your dairy products.

But don't mix the milk with the meat. Go back to the Jewish dietary laws-- Then you give them the metrizol, three treatments, and I was all right. I had three electric shocks that made me crazy. 60 insulin treatments did nothing but blow up my body. I weighed 180 pounds. But the metrizol, ah, the pins and needles went right out of my head. And the anxiety and laying on the couch like a dead man, that disappeared.

Bring back the metrizol. Dr. Murphy, a good Irish Catholic doctor invented it. And Dr. Bellinger in the Brooklyn State Hospital, he used it on me and got me out in four months, on my 21st birthday, February 22. What a gift, huh?

On Labour Day of 1957, the Christian Science practitioner brought me out of it. Then I decided I was going to commit suicide. I tried everything, even the Roman Catholic whatchamacallit, the pieces of the bones of the St. Theresa and all that shit. I drank holy oil and holy water. My sister bathed me with all that bullshit.

And I said, ah. Either I'm going to get cured this weekend. I'm going to get throat cut because the doctors had written to my sister, and I sneak. I'm a snoop, eh. He's hopeless. He's going to stay here for life.

I passed the Catholic chaplain's office and the protestant minister, that son of a bitch, he says to the priest, he says, I see you threw the Christian Scientists out of the chapel. And the priest said, well, they do what's good. See, the Catholics are very charitable. He said they do what they can 'cause we're only a small group.

I said, and the son of a bitch, right at that moment, mind you, when I heard it. That's not coincidence. That's the divine plan. I went to the Christian Scientist. In three days on a Monday, I came back to the hospital. The Jewish doctor, he looked at me. I was sitting big as life on the telephone.

He says, quoting from the Bible, "he has put the mighty down from their seat and has exalted them of low degree." I was a dead dog on the floor on the Friday when I went on pass.

And on Monday, I was a big shot behind the goddamned desk.

See. I was alright for a couple of years, but I worked too goddamn hard.

Then the son of a bitch Hendi, he forces me to take electric shock up there. I call him a bag of bones, a bag of-- a rag bag, a refugee from the rag bag, a Protestant son of a bitch again.

He gave me the electric shock. He destroyed my memory and my thinking process, the dirty bastard. He's going to pay with crushed hands. You put this right on the goddamn film.

Because my brother Mike's in the syndicate, and Benny is his helper, too. I want this all to go right on the goddamn soundtrack. Because that isn't going to go down on his goddamn knees, and he's going to get the electric shock.

An eye for an eye and a tooth for a tooth. The son of a bitch is going to get electroshocked. He's crazy. He's got the Jehova Complex. This time, it was the medicine and the Christian Science, too. The Nardil and the Stelazine and this new one, the Mellaril. And the sodium amytal for the people that can't sleep at night, why don't just use the sodium amytal. It isn't that habit-forming, is it?

**Time stamp: 00:03:19**



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**20: Tangentiality example - Transcript**

**Vimeo link:** <https://vimeo.com/483310741/c47f167c2e>

Speaker 1	How long would those depressions last?
<b>Speaker 2</b>	Oh, they would-- they were kind of stupid. Because if I went and took an overdose on my own medication, which I most-- that's all how I did it.  There was one time I had my wrists slit. I said, <b>had</b> , my wrist slit, because I cannot harm myself.
Speaker 1	OK.
<b>Speaker 2</b>	Oh, it's terrible. I couldn't even slice my own wrists--
Speaker 1	So--
[INTERPOSING VOICES]	
<b>Speaker 2</b>	I was in county gaol and somebody else--
Speaker 1	13 times you've been pretty depressed and down in the dumps. And some other times suicidal. The other times, do you get very high and elated, feel very good?
<b>Speaker 2</b>	Uh, well see, everything else, other than the 14 admissions into the VA hospital and-- of course, where did I get my training to really stop doing that--
Speaker 1	Well, I'm interested in the times where you were not depressed but you were very high and up and--
<b>Speaker 2</b>	I would call it antsy.
<b>Time stamp: 00:00:58</b>	

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**21: Flight of ideas example - Transcript**

**Vimeo link:** <https://vimeo.com/483310831/378d63b51e>

Speaker 1	OK.
Speaker 2	Now what--
Speaker 1	John--
Speaker 2	Yeah.
Speaker 1	Can I ask you how old are you John?
Speaker 2	Oh dang, you are as old as you feel, aren't you ey?
Speaker 1	Right, OK.
Speaker 2	You know the way to a man's heart is through his stomach. Oh yeah, fantastic.
Speaker 1	So how old would that make you John?
Speaker 2	Food for the soul, nice bit of soul, yeah.
Speaker 1	Right.
Speaker 2	Now a bit of fish. Think I am hungry. Got any food? Any food around here? Oh, Danny, you got any food? I'm starving now.
Speaker 1	They won't be able to get you any.
<b>Time stamp: 00:00:25</b>	

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**22: Loosening of association example - Transcript**

**Vimeo link:** <https://vimeo.com/483310892/086818ea7c>

**Speaker**

What you drink? What do you-- do you realise that I have a monopoly over the Coke industry? OK, so that's the problem isn't it? That's the complaint, right? Well, I have kryptonite in me. You know what that is, don't you, kryptonite?

And to have kryptonite in me, I drink coffee and soda. And no one else knows what to eat. I mean, you never had raw eggs? You never had raw eggs? Do you eat raw eggs? When I was pregnant, I think once you're pregnant, it goes down. Yeah, it's true.

But I ate raw eggs. But do you eat raw eggs? no. What do you eat and drink? What's the-- is that the big problem? Didn't want to keep the same boy? Is that a complaint? No. OK.

**Time stamp: 00:01:07**

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<b>23: Thought latency example - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483311048/a4c3029a1c">https://vimeo.com/483311048/a4c3029a1c</a>	
<b>Speaker 1</b>	Would I be right in assuming, then, that you don't feel that you belong in the hospital, but that other people did feel that?
<b>Speaker 2</b>	As soon as I express the belief that I do not belong in this hospital, which is a mental hospital, then those who dislike me want to find a worse place for me.
<b>Speaker 1</b>	I'm not sure I understand. Could you make that clearer for me?
<b>Speaker 2</b>	No.
<b>Speaker 1</b>	Is this a way of--
<b>Speaker 2</b>	Ha, ha, yes, I can. As soon as I express the belief that I do not belong in this mental hospital, then those who dislike me want to find a hospital where the living conditions are not as good as this.
<b>Time stamp: 00:01:12</b>	

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<b>24: Poverty of thought - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483311055/f253c98127">https://vimeo.com/483311055/f253c98127</a>	
Speaker 1	So, tell me how your week's been.
<b>Speaker 2</b>	It was all right.
Speaker 1	What you get up to?
<b>Speaker 2</b>	Just the usual.
Speaker 1	And you had mentioned last week that you were expecting some stress at your job. How did that go?
<b>Speaker 2</b>	It was OK.
Speaker 1	Did some things come up that was stressful?
<b>Speaker 2</b>	No, not really.
<b>Time stamp: 00:00:34</b>	

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<b>25: Poverty of thought example - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483311100/a1945ebef3">https://vimeo.com/483311100/a1945ebef3</a>	
<b>Speaker 1</b>	I'm dead. Nothing.
Speaker 2	How do you know that?
<b>Speaker 1</b>	I just know.
Speaker 2	Do you think it's a bit unusual that we're sat here talking and having a conversation, but that you feel that you're dead? And doesn't really make sense to me when I hear you say that.
<b>Speaker 1</b>	Makes sense to me.
<b>Time stamp: 00:01:07</b>	

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<b>26: Thought blocking example - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483311322/fd95d4c7f0">https://vimeo.com/483311322/fd95d4c7f0</a>	
Speaker 1	Thank you very much for coming in this morning. Thank you for agreeing to the videos. Could you tell me what's been happening? What's been the problem?
<b>Speaker 2</b>	Well, I've recently noticed that quite a few people have--
Speaker 1	Sorry, what? You were saying that, I was asking you about what's been the problem. You were saying that quite a few people have--
<b>Speaker 2</b>	Yes, found it difficult to have a conversation with me.
Speaker 1	Right.
<b>Speaker 2</b>	You know, that they seem to find it difficult to carry on as--
<b>Time stamp: 00:00:33</b>	

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**27: Racing thoughts example - Transcript**

**Vimeo link:** <https://vimeo.com/483311386/41aed9ea64>

**Speaker**

I've got-- I've got so much, so much happening in here. It's just so many-- one thing after another, after another, after another, after another, and it just doesn't it doesn't stop. Like I can't-- can't keep up. I can't keep up with what's happening inside my head.

**Time stamp: 00:00:27**

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<b>28: Cognitive assessment activity - Transcript</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/483311626/9013fcee47">https://vimeo.com/483311626/9013fcee47</a>	
Speaker 1	And how's your physical health?
<b>Speaker 2</b>	Alright. I have to take pills for high blood pressure.
Speaker 1	Do you know what they are called?
<b>Speaker 2</b>	Norvasc, I think, or something like that. Dr. Collins, he's my doctor. He put me on them, a little about, three year ago, now.
Speaker 1	And how's your appetite?
<b>Speaker 2</b>	Oh, I just lost interest in food lately. I can't be bothered. Just can't be bothered.
Speaker 1	Do you think you've lost any weight?
<b>Speaker 2</b>	I wouldn't know.
Speaker 1	How about your clothes? Do they feel a little bit looser at the moment?
<b>Speaker 2</b>	I suppose so.
Speaker 1	And are you getting much sleep at the moment, Mario?
<b>Speaker 2</b>	No.
Speaker 1	How many hours do you think of a night time?
<b>Speaker 2</b>	Three, four, that's about it.
Speaker 1	How long's that been going on for?
<b>Speaker 2</b>	Ever since the Mrs. left.
Speaker 1	All right, so a couple of weeks, then?
<b>Speaker 2</b>	So, what do you reckon, doc?
Speaker 1	I'm not a doctor, Mario. I'm a social worker.
<b>Speaker 2</b>	Well, what's going to happen?

Speaker 1	Well I am a bit worried about you Mario, especially about your thoughts to end your own life. How would you feel about spending a little bit of time in a hospital?
<b>Speaker 2</b>	Oh, I don't know.
Speaker 1	Do you think that might be a good idea? I mean, it wouldn't have to be for very long.
<b>Speaker 2</b>	Well, if that's what you think is the best thing.
Speaker 1	I really think it would be the best option at the moment. You do seem very depressed right now.
<b>Speaker 2</b>	I just don't know what to do. It seems, I think it's worse --
<b>Time stamp: 00:01:48</b>	