

### QC14 Fundamentals of Assessment, Formulation and Planning

<b>Assessment: Simone scenario</b>	
<b>Vimeo link:</b> <a href="https://vimeo.com/371777122/129c641c6a">https://vimeo.com/371777122/129c641c6a</a>	
[MUSIC PLAYING]	
Suzy:	Hi, Simone. My name is Suzy. I'm the mental health clinician here at the emergency department. Do you know why you're here, Simone?
Simone:	I was dragged here against my will. I'm being held as a prisoner. I have no rights. There are no rights. What's going on? You don't care. This is all crap.
[LAUGHING]	
Suzy:	Simone, why do you think your son has brought you to the emergency department?
Simone:	I told you. He dragged me here. I had no choice. I wanted to call an ambulance, but no. I was threatened. I had to either get in the car or he's going to call the police. The police. Geez.
Suzy:	Simone, I understand that things have been quite stressful for you lately.
Simone:	Oh my God, oh my God. Of course they have been. What do you know? Anyway, you don't care.
Suzy:	Is there anything that has been concerning you of late?
Simone:	Well, I don't know. There's nothing wrong with me. Everything's OK. I don't even understand why I'm here. Bipolar is just bullshit.
[LAUGHING]	
Simone:	You're still there.
Suzy:	Simone, I can see you're quite upset, and your son, Luke, has been very concerned about you, which is why you are here. He says you've been getting quite irritable at home.
Simone:	Well, it's because they've all been listening into what's going on and he's been hearing it all.
Suzy:	Hearing things?
Simone:	Yes. You're in on it. He's in on it. They're all in on it. You've been listening on the phone. I know.
Suzy:	OK, so phone calls?
Simone:	What, do you think I'm stupid? I know what you've been doing. You've been hearing it all. You're in on the phone calls. Oh, I know you're in on it.
Suzy:	Sorry, do you think someone's been listening in on your phone calls?
Simone:	There's somebody crying. Look, don't try and jump into my head. You're not even a bloody psychiatrist. You're a kid. Go and find me a real psychiatrist. You're-- look, you're not even a bloody mental psych-- operation person. You're a neurologist.

[LAUGHING]	
Simone:	Oh, God.
Suzy:	Simone, can you tell me how things have been going home-- at home?
Simone:	At home? My box, full of asbestos. What do you know? The Vatican is going to Rome. Have you been to Rome? I've been to Rome. What's it about the Vatican?
Suzy:	Luke, your, son has been worried about you late-- of late. He says you've been quite distressed, especially since the news of your brother.
Simone:	My God, you're telling me I go--
[CRYING]	
Simone:	I can't have grief?
[CRYING]	
Simone:	Oh, it's all upside down and it's eternal. Can't you believe it?
Suzy:	Simone, I can see you're quite distressed, and I'm really sorry for your loss. I also understand it was quite sudden.
Simone:	I'm confused. I'm hurting. I don't know.
[LAUGHING]	
Suzy:	Simone, can you--
[LAUGHING]	
Suzy:	It's OK.
[LAUGHING]	
Suzy:	Simone. Simone? Can you see that you've been jumping from one topic to the next? Can you see that?
Simone:	No. Look, you just don't understand. Look, I'm not unwell.
Suzy:	I can understand you're quite upset, and you probably don't want to be here.
Simone:	I don't, I don't. I just want to leave. Just-- can someone ring the police and get me out of here? I just need to get out. I need to get out.
Suzy:	Simone, your son has brought you here today, and he's quite concerned about you because you've been quite irritable at home lately.
Simone:	It's all-- you've all been in on it. Don't understand.
Suzy:	Simone, he's really worried that you'll come into some harm.
[LAUGHING]	
Simone:	Oh, is that right? Is that what you understand?
Suzy:	He's worried about you.
Simone:	I'm not unwell, and I'm not losing my respect over this.
Suzy:	Would it be OK if I ask Luke to come into the room because things are a bit confusing, and I just wanted to ask him a bit more information?
Simone:	Luke, my baby boy. Where's Luke? I want Luke.

Suzy:	I can see that you're quite upset. I can. I can really see that. So is it OK if I bring Luke in, so that he can come in--
Simone:	I want Luke.
Suzy:	Is it OK if I can bring Luke in so he can clarify a few things about what's been going on for you? Would that be OK? OK.
[CRYING]	
Simone:	Aw, Luke, my baby boy.
Luke:	How are you?
Suzy:	Hi, Luke, nice to meet you. Thanks for coming.
Luke:	That's all right.
Suzy:	I understand that your mum, Simone has been taking her medication quite regularly.
Luke:	Yeah, I know she's OK. She's just very combative, and she's been swearing a lot lately. Which isn't like her at all.
Simone:	Oh, don't butt in. You're the filthiest thing on me.
Luke:	She's quite irritable. She hasn't been sleeping a whole lot or taking the dogs for a walk, which is really unusual. Things have been going pretty much downhill for the past few months.
Suzy:	OK, so it must be really hard for you.
Luke:	Yeah, well, you know, no one wants to see their mum sick.
Simone:	My baby girls.
Luke:	Or vulnerable. She loves the dogs, though, but, you know, her mind has been elsewhere with the passing of my uncle. It's like it was too much for her. You know, she's a different person now.
Suzy:	I'm really sorry for your loss. It sounds like it must be really hard to manage things at home.
Luke:	Yeah, well. Like I said, yeah, it is challenging, seeing her like this.
Simone:	Well, I don't want to listen to you anymore and I don't want to listen to you anymore, so I'm out of here. I'm going. You got the car?
Luke:	No, ma. Come on.
Suzy:	Simone, it might be a good thing for you to stay here for a while, just until we sort things out and see what we need to do.
Luke:	She's been going all right, you know, for like periods of time, and then something will happen like, you know, a puppy dying or her brother passing away and, then suddenly, it's just too much, you know. And even then, there are like other things, like last time, it was the washing machine breaking down. You know, anything that stresses her out, it sets off this-- it's like this-- it's like a chain reaction, you know. And I think if she can kind of try to get a stress-free mind, then I'm hoping she'll be all right and back to her old self.
Suzy:	So it sounds like things have been quite unmanageable at home.

Luke:	Yeah. She needs-- she needs to slow down. I think she's only sleeping four hours a night for the last two weeks. She's just got that up and down tearfulness. She's usually a really nice and calm person, but now she's getting a bit erratic.
Simone:	I would love to say thank you, but I cannot. I'm going home. Get the car.
Luke:	I don't know, ma. I don't think it's the greatest plan.
Simone:	Nobody wants to play today.
Suzy:	I think that might be an opportunity for a short stay in hospital, just so we can sort things out.
Luke:	Yeah.
Suzy:	Just to help you deal with some of these stressful things that are happening for you right now.
Luke:	I'll be with you though, ma.
Simone:	You promise?
Suzy:	So Simone, you have been here before for a short period of time, and things have worked out for you. You may get a bit irritable with some of the staff to begin with and things are a lot easier for you then. How does that sound? OK, would it be OK if Luke stays here with you, while I go get the medical staff to come and have a chat to you?
Luke:	I'll stay here. As long as we can get her in early, so she doesn't have to be in here longer than she has to.
Suzy:	Yeah, we'll sort it out, and it'll only be a short stay, Simone.
<b>Time stamp 00:09:41</b>	