

### QC40 Capacity Assessment Training and Advance Health Directives

<b>Chris: Scenario seven</b>	
Speaker:	<p>Chris has returned to see William for a review. Chris has been asked to bring a copy of his advance health directive to the appointment. At the time of the interview, Chris has presented to emergency department again. Unlike last time, Chris has presented with symptoms of mania. Chris is admitted to hospital with Rachel's consent. Because of his advance health directive, a treatment authority was not necessary to admit him involuntarily.</p> <p>Chris's diagnosis and treatment plan were reviewed. He was subsequently diagnosed with bipolar mood disorder. Chris has received three months of treatment with 10 days in the inpatient unit, and his mental state appears to be stabilised. During the interview, William has assessed Chris as having capacity. We pick up the interview when William begins to review Chris's advance health directive.</p>
William:	Chris, it's good to hear that you're feeling better. I've gone through your notes since your recent admission and treatment. It's probably important for us to review your AHD in light of this. I've got it here from our database. Do you have a copy?
Chris:	Yeah, I've got it here. Well, I suppose we didn't think I'd get high or manic the last time we put the plan together.
William:	That's right. So let's have a read of it and let me know if there's anything you'd like to change in the plan.
Chris:	Yeah. I suppose we should put it in there that I'm taking Lithium as well now. Like I said before, it gives me these tremors, but it's not too bad. I just get self-conscious about it sometimes.
William:	Are you happy for us to add Lithium to your AHD?
Chris:	Yeah, definitely. It's definitely helping I think.
William:	Was there anything else you would change?
Chris:	Yeah. It was all completely unexpected. I mean, it freaked my wife and family that I was spending all that money and trying to steal cars when I was manic. I mean, thinking back, it actually even scares me a bit.
William:	I'd imagine that would have been pretty stressful for everyone.
Chris:	Yeah, it was pretty full on.
William:	So Chris, what do you think you would change in the AHD to manage these situations in the future?

Chris:	Well, I think I'd be OK with being admitted to hospital if I get like that again. I don't really want to be, but I need someone to help out when I get like that. I don't want to lose money or hurt my family again. Can we put in my preferences that if I become manic and start talking about saving the world or any of that, I'd prefer to be admitted?
William:	Sure. We can update that as well. So was there anything else that you'd like to change?
Chris:	No, I don't think so.
William:	OK. I can give you a copy of this so you can go home and chat to your wife Rachel about it as well. If there is anything you would like to change in the form, feel free to let me know.
Chris:	No worries. Thanks
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