

QC45 Cognition in mental health and the impact on day-to-day functioning

Transcript: Meet Jack	
Vimeo link:	https://vimeo.com/943475653/15240a401d?ts=0&share=copy
Speaker:	<p>Meet Jack. Jack is 37 years old, and he really loves soccer. He catches the bus to soccer training once a week, and when he is not playing soccer, he likes to watch it on TV. Jack also loves his mum. While he lives alone in public housing, his mum visits him at least twice a week to clean his house and provide him with groceries. Jack often runs out of money between fortnightly pays, so his mum will take him out for lunch or dinner, especially when he does not have much food left in the house.</p> <p>Jack has a mate, Rhys, who lives in the same apartment building as him. Jack and Rhys will have a chat sometimes when they run into each other, but they don't really hang out much. He doesn't currently have a job. So apart from visits with his mum, attending soccer training, and brief interactions with Rhys, the only other regular structure for Jack's week comes from fortnightly appointments at the mental health clinic, where you have just received a handover of care as his case manager. As you familiarise yourself with Jack's clinical file, you learn that Jack has a diagnosis of schizophrenia, after having his first episode of psychosis at age 17. To learn more, you speak with his previous case manager, Jane. She explains that--</p>
Jane:	<p>The symptoms of Jack's mental illness are currently treated with a fortnightly, long-acting injectable of antipsychotic medication. Jack is able to get himself to the clinic to receive this, but sometimes misses the appointment, as he forgets when they are. He doesn't always remember to take his prescribed medications, though he is happy to take them when reminded.</p> <p>Knowing that Jack is not an early riser, we then tried to make home visit appointments with the nurse for the afternoons. But we still found that he didn't answer the door or wasn't home at the time. Jack has no phone, so it's not possible to call to remind him of appointments. Sometimes he has borrowed Rhys's or his mum's phone to make a call. He is always accommodating of staff and happy to come into the clinic or have us visit him at home. Let me know how things go with Jack, and give me a call any time, if you want to know more.</p>
Speaker:	Based on the information you now have, you start to suspect that Jack may have been having some difficulties with his cognitive function, and you are keen to find out more.
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