

QC48 Mental State Examination e-Learning

Transcript 9: Sue - Perception

Vimeo link:	https://vimeo.com/1183605892/74786942d1?share=copy&fl=sv&fe=ci
	[MUSIC PLAYING]
Clinician:	So when did these voices begin telling you to hurt your grandchildren?
Sue:	It's a long time, I think.
Clinician:	And did it come on suddenly, or slowly over time?
Sue:	Slowly, I think. Yeah, slowly.
Clinician:	Let me ask you some other questions, Sue. Do you have any fears? Like excessive fears? Anything you dread, like the fear of high places, or lifts, or planes?
Sue:	I don't like going outside anymore. I don't go outside anymore.
Clinician:	And why is that?
Sue:	It's very scary out there. Too many things can happen.
Clinician:	What are you afraid will happen if you go outside?
Sue:	I might get hurt.
Clinician:	Can you imagine why, or what, or who's going to hurt you?
Sue:	No, but lots of things happen. It's a big world out there. There's a lot of things that can happen. It's very scary out there.
Clinician:	OK, so aside from the thoughts and the voices about hurting the grandchildren, do you have any other thoughts that keep intruding into your head that you can't get control of?
Sue:	Yeah. Yeah, there's some. A voice that tells me to hurt my husband.
Clinician:	What is the voice telling you to do to your husband?
Sue:	To kill him.
Clinician:	So can you tell me more about that? It sounds like it's pretty frightening.
Sue:	Yeah, the voice, it's there in my head all the time. And it says that I have to hurt him. And it tells me how to do it.

Clinician:	And how do they tell you to do it?
Sue:	It says to wait till he's asleep. And there's a very heavy lamp next to the bed, and I can hit him on the head.
Clinician:	So how strong and how often do you have that kind of thought?
Sue:	It's in my head all the time, a lot of the time.
Clinician:	Are you afraid that you might, do it?
Sue:	Well, it says that I've got to do it. So, I could do it.
Clinician:	Is there anything that you can think of that we could help you with?
Sue:	I'd like not to feel so tired all the time. I just feel tired, tired all the time.
Clinician:	Do you think the thoughts about hurting your grandchildren and killing your husband are unnatural? Do you want some help?
Sue:	It would help not to feel so tired all the time because I probably think that's what causes it. I'm just so tired all the time.

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