

5. The person is capable of making a decision about the treatment and communicating the decision in some way.

Does Imogen meet this criterion?

**Doctor:**

So, Imogen, yesterday we talked about Family Based Treatment for your anorexia. Um, do you need any more information from me about that?

**Imogen:**

Um... No, I think it was all pretty clear yesterday, um, but yeah, we did talk about it, and we think we are going to probably go forward with that one. Sounds good.

**Doctor:**

Okay.

The final component of the capacity criteria under the *Mental Health Act [2016]* is for Imogen to make and communicate her decision about treatment.

She communicated that she had decided to undertake the treatment proposed by the treating team.

**Capacity to consent to treatment under the *Mental Health Act 2016*, means that a person (including a young person):**

5. Is capable of making a decision about the treatment and communicating the decision in some way.

