



## **A final message to clinicians**

What take-home message do you have for clinicians, about working in a 'less restrictive way'?

It's so empowering for young people when they're in a situation where they've actually been granted the autonomy to make those kinds of decisions.

It's empowering, it's a great tool for recovery.

It's um, it's – it's authentic and it really contributes so much to just the overall, ah, wellness of a person and when you really show them that they can do these kinds of things, and that they are allowed to make these decisions and that at the end of the day their recovery journey is about them.

