Additional resources

Legislation supporting risk assessment, management, reporting and information sharing

Mental Health Act 2016

https://www.legislation.qld.gov.au/view/html/inforce/current/act-2016-005

Domestic and Family Violence Protection Act 2012

https://www.legislation.qld.gov.au/view/html/inforce/current/act-2012-005

Child Protection Act 1999

https://www.legislation.qld.gov.au/view/html/inforce/current/act-1999-010

Department of Home Affairs - Immigration and Citizenship

https://immi.homeaffairs.gov.au/

Hospital and Health Boards Act 2011

https://www.legislation.qld.gov.au/view/pdf/inforce/current/act-2011-032

Information Privacy Act 2009

https://www.legislation.qld.gov.au/view/html/inforce/current/act-2009-014

Guidelines to support risk management

Please note your local Hospital and Health Service will have specific guidelines in addition to these Queensland guidelines

Comprehensive Care: *Partnerships in Communication Resource Guide - Care Planning*
https://qheps.health.qld.gov.au/__data/assets/pdf_file/0034/2587543/care-planning-resource-guide.pdf

Queensland Health: *Managing ligature risks in Queensland public mental health alcohol and other drug impatient units 2016*
https://qheps.health.qld.gov.au/__data/assets/pdf_file/0030/581943/ligaturerisk2016.pdf

Therapeutic Visual Observation for Mental Health Alcohol and Other Drugs Services
https://www.health.qld.gov.au/__data/assets/pdf_file/0018/1004670/qh-gdl-479.pdf

Queensland Health: *Dual Diagnosis Clinical Guidelines co-occurring mental health and alcohol and other drug problems 2010* https://insight-prod.s3.ap-southeast 2.amazonaws.com/public/guidelines/1511827631_dd_guidelines_2011.pdf

Memorandum of Understanding between QH and QPS "Mental Health Collaboration"
https://www.health.qld.gov.au/__data/assets/pdf_file/0034/573991/MOU_MHC_2017_pdfpublication.pdf

Aboriginal and Torres Strait Islander Mental Health Strategy 2016- 2021
https://www.health.qld.gov.au/__data/assets/pdf_file/0030/460893/qhatsi-mental-health-strategy.pdf

Aboriginal and Torres Strait Islander Patient Care Guideline
https://qheps.health.qld.gov.au/__data/assets/pdf_file/0020/581141/patient-care-guidelines.pdf

Queensland Centre for Mental Health Learning
Cnr Ellerton Dr & Court Rd Wacol 4076
ph: (07) 3271 8837 email: qcmhl@health.qld.gov.au
ABN: 64 468 984 022 RTO: 40745

West Moreton
Health

Queensland
Government

Aboriginal and Torres Strait Islander Adolescent Sexual Health Guideline
https://qheps.health.qld.gov.au/__data/assets/pdf_file/0031/639517/adolescent_sexual_health_guideline.pdf

Sad News, Sorry Business: *Guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying*
https://qheps.health.qld.gov.au/__data/assets/pdf_file/0026/523754/sorry_business.pdf

National Health & Medical Research Council Australia (NHMRC) (2012) *Clinical practice guidelines for management of personality disorder*
https://bpdfoundation.org.au/images/mh25_borderline_personality_guideline.pdf

Working with parents with mental illness – Guidelines for mental health clinicians 2010
https://www.health.qld.gov.au/__data/assets/pdf_file/0016/1104613/qh-gdl-963.pdf

ORYGEN: *Australian Clinical Guidelines for Early Psychosis*
https://www.orygen.org.au/Campus/Expert-Network/Resources/Free/Clinical-Practice/Australian-Clinical-Guidelines-for-Early-Psychosis/

Domestic and family violence

Telehealth and domestic and family violence Factsheet - suggested script
https://www.health.qld.gov.au/__data/assets/pdf_file/0023/1163804/telehealth-and-dfv-suggested-script.pdf

Telehealth and domestic and family violence guideline | Queensland Health
https://www.health.qld.gov.au/system-governance/policies-standards/guidelines/telehealth-domestic-family-violence

Domestic and Family Violence: Referral to Specialist Support Services Model
https://www.health.qld.gov.au/__data/assets/pdf_file/0021/465132/dv-referral-model.pdf

Domestic and Family Violence: *Common Risk and Safety Framework (CRASF)*
https://www.publications.qld.gov.au/dataset/f0ba187e-7206-4353-bdaa-450916c50307/resource/c927ea9b-6973-4912-966e-dc11d1d46a67/download/common-risk-safety-framework-2022.pdf

Keeping People Safe from Domestic and Family Violence Report 2022
https://express.adobe.com/page/Sn51Y9qD5P59y/

Domestic and Family Violence Death Review and Advisory Board
https://www.courts.qld.gov.au/__data/assets/pdf_file/0019/747100/domestic-and-family-violence-death-review-and-advisory-board-annual-report-2021-22.pdf

Support services and information sites

Aboriginal and Torres Strait Islander Community Health Service (ATICHS)
https://atsichsbrisbane.org.au/human-services/social-health/

ADIS – The alcohol and Drug Information Service (ADIS) provide a wide range of resources such as counselling, information and advice 24/7.
http://adis.health.qld.gov.au/

Alcohol and Drug Foundation
https://adf.org.au/about/ and https://adf.org.au/drug-facts/

Alcohol and Other Drugs Service
https://www.health.qld.gov.au/cg/services/alcohol-and-other-drugs-service

Beyond Blue – information and support to help Australians achieve their best possible mental health
https://www.beyondblue.org.au/home

Black Dog Institute – dedicated to understanding, preventing and treating mental illness
https://www.blackdoginstitute.org.au

Blue Knot – National centre of Excellence for Complex Trauma
https://www.blueknot.org.au/

Bringing Up Great Kids – parenting resources
https://professionals.childhood.org.au/bringing-up-great-kids-resources/

Communify – mental health, disability support and NDIS
https://communify.org.au/mental-health-disability-support-and-ndis/

COPMI – Children of Parents with a Mental Illness
http://www.copmi.net.au/

Deadly Thinking - is a social and emotional well-being and suicide prevention workshop designed by Indigenous people for Indigenous people to be delivered to remote Indigenous communities; natural helpers; Elders; 'at risk' individuals; 'at risk' groups:
https://www.rrmh.com.au/programs/deadly-thinking/

E-Mental Health in Practice – digital or emental health programs, services, tools or applications
http://www.emhprac.org.au/

Emerging Minds – Aboriginal and Torres Strait Islander people service
https://emergingminds.com.au/

EPPIC (Early Psychosis Prevention and Intervention Centre)
https://oyh.org.au/our-services/clinical-program/continuing-care-teams/eppic-early-psychosis-prevention-intervention

Footprints – Not for profit organisation working with people with complex needs
https://footprintscommunity.org.au/mental-health/

Grandparents parenting grandchildren
https://raisingchildren.net.au/grown-ups/grandparents/family-relationships/looking-after-grandchildren

Head to Health – digital mental health resources include pathways, tools and guided searches. Includes apps, and other digital mental health services. https://headtohealth.gov.au/

LGBTIQ+
https://www.vic.gov.au/sites/default/files/2019-06/LBGTIQ-Inclusive-Language-Guide.pdf

https://mhfa.com.au/sites/default/files/considerations-when-providing-MHFA-to-an-LGBTIQ-person.pdf

Lives Lived Well – Not for profit Organisation helping people impacted by drugs or alcohol as well as mental health concerns.
https://www.liveslivedwell.org.au/

Mensline Australia – mental health and wellbeing resources including counselling
https://mensline.org.au/

Mental Health First Aid – for several resources that support mental health care for a range of population groups
https://mhfa.com.au/mental-health-first-aid-guidelines

National Rural Health Alliance Ltd - https://www.ruralhealth.org.au/

Neami National – Not for profit community based mental health service
https://www.neaminational.org.au/

Openminds – Non-Government Organisation for people living with mental illness and disability
https://www.openminds.org.au/

Orygen – The National Centre for Excellence in Youth Mental Health
https://www.orygen.org.au/

PANDA – Perinatal Anxiety and Depression Australia
https://www.panda.org.au/

Peachtree – perinatal wellness
https://peachtree.org.au/

QNADA – representation and support to AOD sector
https://qnada.org.au/

Queensland Centre for Perinatal and Infant Mental Health
https://www.childrens.health.qld.gov.au/chq/our-services/mental-health-services/qcpimh/

Raising Children – Australian Parenting Website
https://raisingchildren.net.au/

Reach Out – online mental health support for young people and their parents
https://au.reachout.com/

Rural Adversity Mental Health Program – community support skills short course
http://www.ramhp.com.au/training/community-support-skills/

Suicide Call Back Service
https://www.suicidecallbackservice.org.au/

Transcultural Mental Health Centre
https://metrosouth.health.qld.gov.au/qtmhc

Applications (APPS)

Note: We acknowledge that whilst use of downloadable applications provide a unique opportunity to expand the availability and quality of mental health resources, the efficacy of mental health applications remains undecided.

Head to Health – Australian Government Department of Health site provides searches for mental health apps https://headtohealth.gov.au/

Snapshot – Black Dog Institute. Measure and monitor your mental health and wellbeing https://www.blackdoginstitute.org.au/getting-help/self-help-tools-apps/snapshot

myCompass – Black Dog Institute. Personalised online self-help tool to improve mental health https://www.blackdoginstitute.org.au/getting-help/self-help-tools-apps/mycompass

Bite Back program – By Black Dog Institute. Online mental fitness challenge https://www.biteback.org.au/

Beyond Now – Beyond Blue suicide safety planning https://www.beyondblue.org.au/get-support/beyondnow-suicide-safety-planning

Stay Strong – AIMHi tablet-based therapy designed to support Indigenous people improve their wellbeing App https://www.menzies.edu.au/page/Resources/Stay_Strong_iPad_App/

Mood Mission – helps learn better ways of coping with low mood and anxiety http://moodmission.com/

Calm Harm – provides tasks that help you manage the urge to self-harm https://au.reachout.com/tools-and-apps/calm-harm

iBobbly – Black Dog Institute. Promotes wellbeing and suicide prevention in Indigenous people https://www.blackdoginstitute.org.au/research/digital-dog/programs/ibobbly-app

Headspace – meditation made simple https://www.headspace.com/

Reach Out breathe – helps reduce stress and anxiety https://au.reachout.com/tools-and-apps/reachout-breathe

Calm – guided meditation https://au.reachout.com/tools-and-apps/calm

Reach out website - includes 60 professionally reviewed mobile apps and tools which can help with health and wellbeing https://au.reachout.com/tools-and-apps