

🕒 2 hour eLearning

Assessment training

QC53 Capacity assessments and the 'less restrictive way' for minors

This course is designed to support mental health clinicians working with children and young people to understand what the 'less restrictive way' means within the context of the *Mental Health Act 2016*. It strengthens the ability of clinicians to assess a child or young person's capacity to consent to mental health treatment to determine 'Gillick competence'. A variety of tools and strategies are also showcased to facilitate a child or young person's ability to engage meaningfully in the process of decision-making. These include communication approaches (e.g., visual prompts and tools) and sensory approaches.

Learning outcomes

Upon successful completion of the course, participants will have:

- an increased understanding of what the 'less restrictive way' is within the *Mental Health Act 2016*
- greater clarity about who the substitute decision-maker is for a child or young person
- an increased understanding of the criteria for assessing a child or young person's capacity (called Gillick competence) to consent to mental health treatment and how to document this assessment
- greater confidence to support a young person's ability to demonstrate their capacity, using a range of strategies or tools, drawn from speech pathology and occupational therapy disciplines (e.g., communication approaches and sensory modulation approaches)

Category: eLearning

Aligned to

Mental Health Act 2016

NSQHS Standards: 1, 2, 5 & 6

Continuing Professional Development

🕒 **2 Hours**
Active learning

QC53 is not currently endorsed however can be claimed for CPD time recognition. Check your professional organisation for more information.