Queensland Government

Mental Health Services Care Plan

Facility: TRAINING PURPOSES ONLY

(Affix identification label here)

URN: TRAINING PURPOSES ONLY

Family name:

Given name(s):

Address:

Date of birth: Sex: ☐ M ☐ F ☐ I

Instruction: this Care Plan must be informed by risk management strategies outlined in the risk screen; outcome measures; and consumer's recovery plan

Mental Health Act status

☑ None	☐ Forensic order (mental health)	☐ Treatment support order	☐ Transfer recommendation
☐ Examination authority	☐ Forensic order (disability)	☐ Person AWA (interstate)	☐ Classified (involuntary)
☐ Examination/judicial order	☐ Forensic order (criminal code)	☐ Recommendation for assessment	☐ Classified (voluntary)
☐ Treatment authority			

Conditions of order:

Does the consumer have an Advance Health Directive? ☐ Y ☑ N ☐ UK ☐ **An interpreter was used**

Date risk screen completed: DD/MM/YYYY **Date AOD assessment completed:** DD/MM/YYY

Clinical goal 1	Increasing activity levels to increase sense of pleasure and achievement
Aligns to recovery goal	I want to feel better

Strategies, interventions and involvement of other service providers	Person/service responsible	Target date
Gary to maintain sleep hygiene and monitor diet	Gary	DD/MM/YYYY
Gary has engaged in some pleasant events scheduling and has agreed to do one activity per day	Gary	DD/MM/YYYY

Clinical goal 2	Increase strategies to manage pain safely and increase participation in vocation
Aligns to recovery goal	I need to get back to work as soon as possible

Strategies, interventions and involvement of other service providers	Person/service responsible	Target date
Gary to consult GP to find meaningful tasks he is able to complete without risking further injury	Gary and GP	DD/MM/YYYY
Caseworker to liaise with GP regarding pain management and referral to allied health professionals	Case Worker and GP	DD/MM/YYYY
Gary to discuss return to work options/suitable duties with him employer	Gary and Employer	DD/MM/YYYY
Work with Gary on pain management strategies – mindfulness, relaxation, distraction strategies		

Clinical goal 3	Enhance social skills to improve relationships
Aligns to recovery goal	I want to get along better with my wife and I want my daughter to talk with me again

Strategies, interventions and involvement of other service providers	Person/service responsible	Target date
Gary agrees to attend a workshop on communication at Relationships Australia	Gary and Case Worker	DD/MM/YYYY
Gary to maintain lower intake of ETOH	Gary	DD/MM/YYYY
Work on assertiveness skills training	Gary and Case Worker	DD/MM/YYYY
Coaching in using safety plan	Case Worker and Gary	DD/MM/YYYY

Clinical goal 4	
Aligns to recovery goal	

Strategies, interventions and involvement of other service providers	Person/service responsible	Target date

v2.00 - 02/2017

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