

### Danielle - Treatment

#### **VOICEOVER**

The nurse continued to ask questions about Danielle's mental state, any concerns about drug use and risk assessment. Michael thanked Danielle for answering the questions, particularly as he noted that she found the process difficult at times. Michael completed the assessment form and as he considered that there were some early psychotic features to her presentation he asked Danielle to wait while he discussed the information with the registrar.

Danielle now needs to be assessed as to whether she understands the treatment plan and can make a choice whether to agree to treatment offered to her. In other words, does she have the capacity to consent to treatment?

#### **FILM**

Nurse: Right, thanks for your patience Danielle. I would like to introduce Dr Vincent.

Doctor: Hi Danielle.

Nurse: Dr Vincent and I have been talking about what sort of treatment may help you.

Nurse: Danielle I'm just going to go over what you told me with Dr Vincent with you here and you tell me if I've got any of it wrong. Ok?

Danielle: *[Nods]* OK,

Nurse: You have been telling me that you're enrolled in a Clothes Design course at TAFE, but you have not been going for the past 4 weeks.

Danielle: *[Danielle nods]*

Nurse: About 2 weeks ago you threw your mobile away because you were concerned that the police were listening in and that some people were sending you text messages that were saying things you didn't like.

Danielle: They are.

Nurse: You don't talk to your family much because you're concerned that they're giving information to the police about where you are and you've also shouted and argued with your family because you think they've spoken to the Police.

Danielle: *[Danielle nods]*

Nurse: I have been discussing with Doctor Vincent here how we think that some medication might help with these thoughts that you're having.

Danielle: But what about the cops?

Nurse: It is OK Danielle. Other people that take medication like this, and it's called an anti-psychotic medication, find that it reduces those thoughts and they feel much less stressed.

Doctor: *[Doctor nods]*

Doctor: Well our treatment plan is to take an anti-psychotic medication. To take it once a day and take it everyday and we want to get the lowest possible dose as well. You'll need to take the medications everyday and I'll give you some information from websites and some handouts about the medication and your condition.

Our plan is to see how you're going. You're going to see me in 2 weeks time. I want to see whether the medications are helping and whether you have any side effects. In terms of side effects some people can feel a bit sleepy they can also get a bit of a shaking of their hands.

We plan to visit you in 2 days to see if you're ok with the tablets.

Nurse: Now Danielle, how are you going with all that information? It's quite a lot however, what we now need to do is check that you understand so can you tell me back how you understand the plan we've just discussed with you?

Danielle: You say that some tablets will help my thinking about the police and that they'll help me not get so wrung out about my thoughts.

Nurse: Danielle we think that the tablets will help you, and that they will help

reduce your stress levels and that will help with some of the problems you've been having.

Danielle: Well, I'll be taking these tablets everyday, and on a low dose because I could experience some side effects.

Doctor: Yeah, we just want to see with the medication that your thoughts become less stressful.

Danielle: So I should come in and talk to you about my thoughts, and home and the tablets and stuff.

Nurse: Yep, that's right. We'll be checking up and catching up with you and we're also giving the same contact details we gave to you to your parents so that we can chat with them and make sure it's all going well for them as well. Um, you may need at some stage to come into hospital, but we try and keep people at home as much as we can.

Danielle: That sucks, but it's ok to tell my parents.

Nurse: Well it may not happen, but we're going to visit you in 2 days time so we can check up then and see how things are going.

Danielle: Ok, I'll try the tablets, and I do want to stay at home, and I want to check the websites but I'm not a schizo.

Nurse: I never thought you were Danielle, but you've been having a lot of troubles with your thoughts and with being stressed and if you try this medication we really believe that it may help you.

Danielle: OK, I want to get rid of the stress.

Nurse: Now that we can see you understand what's going on should we bring your parents in and have a chat to them about it as well?

Danielle: [*Danielle nods*]