

## Nicholas - Assessment

### **VOICEOVER**

Nicholas Turner is a 22 year old man who lives alone in a Housing Department unit. He receives regular case management services from Blue Waters Mental Health Service, and his care is managed by a Consultant Psychiatrist as he has complex care needs. He sees Dr Long every month. His case manager Wendy visits weekly. Nicholas receives anti-depressant medication and is also prescribed Sodium Valproate.

The Housing Department has contacted the case manager following several complaints by neighbours, reporting verbal aggression and loud distressing noises from Nicholas when he is at home.

Nicholas was hospitalised a year ago for a major depressive disorder. He was placed on an Involuntary Treatment Order as he was unable to provide consent for his treatment for his mental illness. He was hospitalised for his serious risk of physical and mental deterioration. He also has a mild intellectual disability. He receives 10 hours of support per week from a non government community agency.

His support worker Joe assists Nicholas with budgeting, fortnightly shopping, assistance with correspondence and community access.

Lately Nicholas has been refusing to go out much with Joe and has not been over to visit his parents.

### **FILM**

Doctor: Ok Nick, how have you been the last month or so since I saw you?

Nicholas: Well, my carer Joe said to talk to you cause we were fighting at home.

Doctor: What's going on at home?

Nicholas: Fighting.

Doctor: What are you fighting about?

Nicholas: Well Joe's annoying me, he is making me angry, and he's not helping, and the neighbours tell me to be quiet and I just want them to go away.

Doctor: Why are you feeling angry?

Nicholas: 'Cause they do the wrong thing and they won't just let me buy ice cream and they tell to me to eat things I don't like.

Doctor: Ice-cream? What's so important about ice-cream?

Nicholas: *[smiles]* Well, it is the best and it makes me happy and everything else is bad.

Doctor: What happens when you can't get ice-cream?

Nicholas: When I get other stuff to eat you mean?

Doctor: Yeah.

Nicholas: *[crossly]* I don't like other stuff.

Doctor: Well when was the last time you had anything to eat other than ice-cream?

Nicholas: Long time ago and it made me angry and I yelled.

Doctor: Ah, ok. Um, why were you yelling?

Nicholas: 'Cause it hurt.

Doctor: So Nick where did it hurt?

Nicholas: *[points to mouth]*

Doctor: *[leans forward to look more closely]*

Doctor: Let me have a look.

Nicholas: *[Yells]* Go away!

Doctor: I won't look at your mouth now but I'm a bit worried about what's been going on and, and your case manager Wendy is also worried about you, and she says you haven't been eating properly and have lost some weight over the last few weeks and, also you've not been going out, even to see your Mum and Dad. And she says you've been tired and upset.

Nicholas: No, I was just feeling no good and I don't want to go to hospital again and I don't want to eat properly.

Doctor: Well, look we don't want you to come back into hospital right now but we do need to find out why you're just eating ice-cream.

Nicholas: Well, I know why, because it tastes good.

Doctor: Look, Nick, I think you might have a problem with your mouth, throat or stomach.

Nicholas: But I'm alright if I eat ice cream.

Doctor: Well, I think we should arrange for you to have some tests to have a look at your throat, your mouth, and your stomach, see what's going on.

Nicholas: *[looks down]*

Doctor: Tell me Nick, why do I want you to have some tests on your mouth and your throat and your stomach?

Nicholas: *[Frustrated]* Because you just don't want me to eat ice-cream, and you don't want me to have it anymore and you're just like everyone else and you should all just leave me alone because I'm ok.

Doctor: Ok, well look I think we will leave it there for the time being but I want to ask Joe, your carer, to come in and have a chat with him.

Nicholas: Ok, I'm leaving.

Doctor: See you.