

# Competency 1

## Introduction to Child and Adolescent Mental Health

Transition to Child and Youth Mental  
Health Practice Core Skills Project  
2008



**Queensland**  
**Government**  
Queensland **Health**

Transition to Child and Youth Mental Health Practice  
Core Skills Project 2008

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## Competency 1: Introduction to Child and Youth Mental Health

### Competency Descriptor

This competency is aimed at orienting clinicians to Child and Youth Mental Health and introducing basic knowledge, skills and concepts that are pertinent to service provision and clinical practice. Clinicians will be given an overview of the context within which child and youth mental health services operate and the fundamental principles of service provision. Clinicians will gain an overview and understanding of mental health disorders commonly seen by CYMHS clinicians. Additionally, this competency encompasses an understanding of the developmental frameworks that underpin and guide practice within child and youth mental health. The following units can be completed within this competency (topics will be covered):

Unit 1.1: Foundation concepts for child and youth mental health practice

Unit 1.2: Introduction to CYMHS - Intake, referral and assessment processes