

## Background information for Leroy

Leroy is a 35 year old white male who recently became unemployed and who is reluctantly attending an appointment with his psychiatrist at the request of his parents. Six months ago Leroy was treated for a manic episode by the local mental health service but then refused all follow-up services. Since that time Leroy has separated from his partner of 3 years, lost his job and moved back into his parents' home.

Since moving into his parents' home, Leroy and his father have had numerous arguments. His father has now insisted that unless Leroy attends a follow-up appointment, he will have to move out of the family home and have no further contact with his parents. Leroy's father is most concerned about Leroy's sudden "mood swings" that seem to quickly go from happy and excited to abusive and threatening. Leroy's father reports that this happens when Leroy's business ideas are questioned. Leroy's parents appear sure that he has stopped taking his medication and when they ask him about this, they state that he becomes agitated and tells them that "I take all the medication I need".

Over the past month Leroy has rarely slept for more than 4 hours a night. He often spends hours talking on the telephone at night to people in America about his business ideas. These conversations often end with Leroy becoming loud and abusive, and then terminating the conversation abruptly. Leroy's mother reports he has been eating poorly and often refuses to attend meals.