

**Case study file – Leroy –MSE interview transcript**

Dr Becker: Hi Leroy my name is Dr Becker, we've met before.

Leroy: Yeah, yeah, g'day.

Dr Becker: Nice to see you again.

Leroy: Yeah, nah, thanks, it's good to be here, yeah, yeah.

Dr Becker: You're looking well today.

Leroy: Yeah, good to see you.

Dr Becker: Can you tell me your understanding of why you are here today?

Leroy: Ahh, you know it's that same old crap, you know like last time I'm, I'm going really, really well getting these great ideas and things are sort of coming together and I'm getting these hassles from my parents and, you know, they're talking about this sleep crap and then all of a sudden I'm back here again. You know it just doesn't work.

Dr Becker: Ok, so you're here because your parents want you to be. Today we're just going to do a bit of an assessment, so I'm going to ask you quite a few questions and I'm going to take some notes. Is that ok?

Leroy: Yeah, no, it's good.

Dr Becker: So why do you think your parents wanted you to come in today?

Leroy: Ah, you know, it's the usual crap, I think they need to chill out more, that's all they need to do, they just need to you know, take it on board, take it on board that there are these great ideas that are coming and that it's all coming together and, but I don't know they just get freaked out, you know, I think it's, they've got issues, they should be the ones that are here really not me, nah.

Dr Becker: Alright, if we just look at you again for a bit, how's your sleep going at the moment?

Leroy: Great, great, really good, um, like I'm full of energy, I'm really, its great.

Dr Becker: So how many hours of solid sleep do you think you are getting per night?

Leroy: Look, ah, look, who, who keeps a track of their sleep, who records sleep, that's, no. Umm, I don't know, I'm getting heaps, more than

enough, maybe, I don't know, ah four, three or four hours something like that, no, it's good.

Dr Becker: So, about three or four hours.

Leroy: Yeah, yeah.

Dr Becker: And how about your diet?

Leroy: Ah, what diet?

Dr Becker: Are you getting three or four solid meals a day or....?

Leroy: Nah, well, you know I just, I just, um, I just into, you know, you eat when you're hungry type thing, um, cause I'm doing stuff, you know, I'm not home too often, I don't want to get hassled by mum or whatever it's going to be, I just, you know, I just eat when I'm hungry and it works great, it's good.

Dr Becker: OK, alright, it just looks like you've lost a little bit of weight since I've last seen you.

Leroy: Ah, thanks, cool, yeah, nah, yeah, nah, that's good, yep.

Dr Becker: Alright, ok, and, um, I see that you're on some mood stabilising medications.

Leroy: Oh, what do you mean?

Dr Becker: Yep, well, you were on some last time, um, so when was the last time you took your medication?

Leroy: Ah, ok, ah, ah, ah, seven, ah, eight, maybe a week, maybe two weeks.

Dr Becker: Ok so maybe two weeks?

Leroy: Yep.

Dr Becker: Ok, 'cause I'm just looking at the levels. Remember the blood tests we took when you were here last?

Leroy: Yeah, what is the whole blood thing about, you know, just taking blood.

Dr Becker: Well there needs to be a certain level of medication in your blood and it looks like it's quite low, so, um, it suggests that maybe you haven't taken your medication for a while.

Leroy: You know, it's medicine, you know, the way medicine is meant to work of course, you know, if you're not feeling good, um, if you are unwell then you take your medicine and you feel good again you stop taking medicine that's and I'm cured, that's how medicine is meant to work, you take it, it works and then you stop taking it, so, yeah I just, yeah.

Dr Becker: Alright, well it sounds like, you know, you're a pretty busy guy at the moment...

Leroy: Yeah, yeah

Dr Becker: You've got a lot of ideas going on, um, I just wanted to ask you a couple more questions and maybe we can go and discuss those plans. Um, recently have you taken any illicit substances?

Leroy: Ah, illicit what do you mean?

Dr Becker: Um, any street drugs, like speed, marijuana?

Leroy: Well, um, like we've talked about before I still, every now and then have a little bit of the, you know, little bit of goey, little bit of wiz that sort of thing, ah you know it's kind of like the energy, the whole energy thing, so that, um.

Dr Becker: Ok, so, how much would you take a day?

Leroy: Ah, well, you know, I don't, you know, I don't really keep, you know, a track or anything like that, it's more, more about, um, you know like I was saying, it's energy, it's keep you on track, um, you know like I kind of see it, you know people, it's weird, I, I kind of look at it as being a bit like vitamins, you know, so that people take vitamins and that they take vitamins and that keeps them, that gives them energy and you watch the ads on TV and you get vitamins and they're good for you, so I think, you know kind of similar to doing that sort of thing, so nah, it's good.

Dr Becker: Ok and when we last spoke you had a job at Woolies, how's that going?

Leroy: Um, nah, nah look I, you know, it was such a downer hey, I ditched it, no really because...

Dr Becker: You ditched it?

Leroy: Yeah, nah, look it was just ridiculous, you know, you know it's like Woolies, you know, and it's like one, um one moron talking to another moron, it's a moron cluster and you know, nobody knows what they're frigging doing and, and you should see what they do with the food, it all

gets mashed together and they serve it to people and I was, it was just gross and I just got over it, I had to, you know, I'd go there and it was such a downer.

Dr Becker: Ok Leroy, alright I've just got a couple more questions, um, at the moment when you watch TV what happens?

Leroy: Um, what, what do you mean? What, should something be happening or...?

Dr Becker: I guess, well does it, do you feel anything from the TV? Does it tell you to do anything or does it make you feel worried?

Leroy: Well yeah, nah, it's really, you know, I, I, it's depressing, it really is, it's a real downer, TV, you know, if you watch too much TV you're gonna get um, no wonder people are depressed all the time, you know if they watch TV.

Dr Becker: Do you watch much TV?

Leroy: No, um, no, look, um, I'm too busy, I've got too much, um, too much happening, I've got a lot of things to do, so, no I just don't get, I don't get, nah I don't watch it.

Dr Becker: So, ok, how about the radio?

Leroy: Um, yeah, what about, what do you mean the radio?

Dr Becker: So when you're listening to the radio does it tell you to do anything, um, do you hear anything that has meaning just for you?

Leroy: No, no, no, that would be, that's a bit weird, that's crazy, no, um, no I just listen to a bit of, you know, a bit of music, ah, little bit of triple-j and that sort of thing, and um, yeah, yeah, nah, nah, nah, it's strange, yeah.

Dr Becker: Ok, what about, have you ever thought you have any special powers or ....?

Leroy: What, what, like superman, what, what do you actually, special powers, what do you mean? Like um.

Dr Becker: I guess just anything that's special about you that sets you apart from everybody else?

Leroy: Well, you know, um, if, if you mean by special if you mean like, um, the ideas I've got and all of that sort of thing, and these kind of business plans, I think, yeah, yeah, I think there is something special in that.

Dr Becker: Ok.

Leroy: Yeah, yep.

Dr Becker: Alright, well I'd love to talk to you about those plans but just first want to check out have you had any thoughts about harming yourself or anybody else lately, Leroy?

Leroy: Nah, nah, ah, why would I do that? It's coming together, like I keep saying it's ,it's like, um, no that'd be the last thing I'd want to do, it's like, ah, this, this is a great, great, um, great period, you know, I'm full of energy, it's ah, full of ideas and it's, it's really coming together, nah, nah, no way.

Dr Becker: Great, well why don't you tell me about some of those plans.

Leroy: Well you know I've really got this idea, ah this kind of business plan where we're going to kind of get people .....

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