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## **Participant information and Consent Form**

### **Research Protocol Nos:**

**Research Title: Sensory Approaches E-Learning Study**

**Researchers: A Greaves; Maddy Slattery, Pamela Meredith, Michelle Taylor.....**

### **Background**

The use of sensory approaches with mental health consumers is a relatively new and emerging practice area, and is one about which clinicians in this field frequently seek training. At present, little is known about the most effective ways to provide training to support the practice of clinicians in this area.

This e-learning sensory processing resource provides an opportunity to carry out valuable research to determine whether this type of package is an effective way to assist clinicians to engage in using sensory approaches in mental health. In order to determine this, staff from QCMHL, Allied Health Metro North, and University of Queensland are collaborating in a research project aimed at evaluating the impact of this e-learning package on staff knowledge, attitudes, and confidence in the area of sensory modulation. We are also interested in examining the translation of this training into practice.

### **Invitation**

You are invited to participate in this study, which will help to refine this package and inform the development of other e-learning resources at QCMHL. Your support and participation in this project are valued. Please take a moment to read through this information, and indicate on the consent form whether or not you agree to participate.

### **What is the Participant's involvement?:**

All people who complete the resource (approximately 1 hour) will be routinely asked to complete brief questionnaires prior to, on completion of, and three months after completing the e-learning package. These questionnaires will provide information on your knowledge, confidence, and attitudes, and also your current practice in the area of sensory approaches. Each questionnaire should take approximately 10-15 minutes to complete. If you agree to be a participant in this research, your questionnaires will be provided anonymously to the research team for analysis.

**Benefits:** You are not likely to benefit directly from this study; however, it is hoped that the results will result in improved education services for mental health clinicians through the QCMHL website.

**Risks:** There are no perceived risks from participation in this study

**Consent:**

Participation is entirely voluntary and you are free to withdraw from the study at any time by not completing the next set of questionnaires. Your decision to not participate will not effect your employment in any way.

**Confidentiality and Privacy:**

All information will remain strictly confidential, with a unique identifier used to enable matching of questionnaires for analysis purposes. Your email address will also be kept separately for the purposes of recontacting you in three months for the follow up survey. All data will be kept on the secure QCMHL data storage system. Only aggregate data will be reported.

**Further Information:**

Should you require further information regarding this study, or if you would like to be informed of the results of the study, please contact Amanda Greaves – Allied Health Professional Practice Leader (OT) 0437 637619, or Maddy Slattery – Program Manager QCMHL 3271 88390

**Independent Contact**

If you would like to discuss your involvement in this research with someone not connected with the study you may contact the Executive Officer, Research and Ethics on 07 3139 4500 who will forward your concerns to the Chair, Human Research Ethics Committee.

**Your Consent:**

I have read and understand the attached Project Information sheet and Consent form, and I:

Agree to participate in this research; or

Do not agree to participate in this research